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TRUDEAU TUESDAY?

MEDIA DARLING JUSTIN TRUDEAU REFUSES TO CONFIRM OR DENY WHETHER HE'LL ANNOUNCE HIS BID NEXT TUESDAY IN THE GRIT'S LEADERSHIP RACE

PAGE 10



OTTAWA

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Thursday, September 27, 2012

News worth sharing.

OKTOBERFEST

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Memorial vandalized

Shrine. Plaque, crucifix and picture erected in memory of murder victim Valerie Leblanc found damaged; beer cans seized at scene



Gatineau police are investigating a complaint that someone has vandalized a memorial to murder victim Valerie Leblanc.

The force said in a press release that a commemorative plaque, crucifix and picture had been damaged.

The tiny shrine was erected by Leblanc's family in a wooded area behind the CEGEP de l'Outaouais, near where the teen's body was found.

Police say beer cans were seized at the scene.

"It is possible that people who consumed this beer are connected to wrongdoing."

"It would be premature at this stage of the investigation to make a link between the vandalism and the murderer," wrote Gatineau police spokesman Pierre Lanthier in a French-language press release.

Speculation

"It would be premature at this stage of the investigation to make a link between the vandalism and the murderer."

Pierre Lanthier, Gatineau Police Service

Gatineau police are requesting anyone with information about the incident to contact Det. Sgt. Yvan Vailancourt at 819-243-2345, extension 6039.

Leblanc's body was found beaten and burned near a trail in the woods on Aug. 23, 2011.

An autopsy revealed that Leblanc, 18, died from severe head trauma.

Later the investigation found that people apparently unconnected with the homicide had tampered with Leblanc's body.

Police have no prime suspect or witnesses, but continue to investigate.

Officers recently returned to the school with a command post that students could visit if they had information to contribute.

Follow Joe Lofaro on Twitter @giuseppelo



A crack runs through the commemorative plaque to Valerie Leblanc, while nearby a crucifix was smashed and a cross with a sculpted wolf head was missing. JOE LOFARO/METRO

Naming the profit

Naming-rights revenues from the Lansdowne Park redevelopment up from \$15.7 million to \$49.1 million

PAGE 3

Uruguay steps closer to legal abortion

A narrow vote by legislators would allow legal abortion in first 12 weeks if Senate approves the bill

PAGE 11

Sicilian twist at Milan Fashion Week

Dolce & Gabbana's spring 2013 collection takes you winding along the streets of Sicily

PAGE 26



What does your freedom look like?

Turn to page 9.

AGE DOES NOT DEFINE A STUDENT



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Redevelopment

City left in the dark over potential Lansdowne Park retailers

Capital Coun. David Chernushenko is disappointed Ottawa city council won't get to see what retailers are being considered for the Lansdowne Park redevelopment before they are asked to approve the \$400-million project.

After a council meeting Wednesday morning, Chernushenko said council should not be forced to blindly trust Ottawa Sports and Entertainment Group to select appropriate retail tenants.

"Why is it down to me, the opponent, to be saying this isn't good enough? I would think the proponents should be asking the same question," Chernushenko told reporters.

"We need those names. We can't just say, 'Trust us, sign here.' This is the last chance. This is where we sign the cheque. And it can't be a blank one."

But Mayor Jim Watson said the names of individual retailers aren't important but the mix is.

"What council asked for was we make sure there's a good retail mix and there are unique opportunities and that we fulfil that requirement," Watson said.

"It's a legal agreement (OSEG has) to live up to, and unless they ask us for a change in that agreement we expect that they'll live up to that agreement," he said. **ALEX BOUTILIER/METRO**

Change of plan

Ottawa removes bid to host FIFA U-20 soccer tournament

The redevelopment of Lansdowne Park will cut things too close for Ottawa to host the FIFA U-20 Women's World Championship, the city said Wednesday.

But the stadium will be ready to host the FIFA Women's World Cup in 2015, according to city spokeswoman Jocelyne Turner.

Turner said Ottawa removed its name from the cities bidding to host the U-20 championship partially because timing was too tight with the redevelopment.

"It's cutting it close," Turner said. "So we're focusing on the 2015 games."

The stadium at Lansdowne Park is scheduled to be complete in summer 2014, while the complete project is expected to wrap up the following year.

ALEX BOUTILIER/METRO



An artist's conception of the redeveloped stadium on a CFL game night. A report on the redevelopment named a \$50-million price tag on the naming rights to the stadium, a sum that vastly outstrips previous CFL stadium renaming deals. CONTRIBUTED

Naming rights have a big price

Cost of a name.

Kirkpatrick, Watson say \$50M naming-rights number reasonable

City manager's take

"Again ... \$50 million is a lot of money, but over the 30 years it only represents I think just over five per cent of the total revenues over the 30 years."

Kent Kirkpatrick, city manager



ALEX BOUTILIER
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Ottawa's city manager has asked Ottawa Sports and Entertainment Group's Roger Greenberg to prepare a breakdown of projected naming-rights revenues related to the Lansdowne Park redevelopment.

In documents released Tuesday evening, the projected revenues from naming

rights jumped nearly 213 per cent from February estimates — \$15.7 million to \$49.1 million.

That \$33.4-million increase nearly mirrors a \$33.2-million decrease in projected retail revenues in those same documents.

City manager Kent Kirkpatrick acknowledged the increase looks like a big number.

"And it is a big number," Kirkpatrick told reporters.

"But it is important to remember that that's over 30 years, and that's inflated dollars."

Kirkpatrick said that works out to around \$1 million a year in 2015 and, with inflation, to about \$50 million over 30 years. He said he believes it's a reasonable estimate.

So does Mayor Jim Watson. Watson pointed to a recent 20-year, \$35-million offer by Telus for naming rights to BC

Place in Vancouver — one of the most lucrative bids for naming rights to a CFL stadium in the league's history.

Watson called the \$49.1 million figure "ambitious" but "within the realm of possibility."

"Above and beyond the naming rights there are other opportunities in terms of the arena, the signage, the advertising both in the stadium and outside the stadium, on the scoreboard — all of that is part of the naming-rights package," Watson said.

Councillors will hear the breakdown of these numbers and more at the Oct. 2 meeting of the city's finance and economic development subcommittee. City council will be asked to vote on the project as a whole on Oct. 10.

Impact. Transportation will be a challenge with Lansdowne Park revamp: Watson

One of the most vocal opponents of the Lansdowne Park redevelopment says transportation to and from the site will be the project's Achilles heel.

Ian Lee, a founding member of the Friends of Lansdowne, said the Ottawa Sports and Entertainment Group and the city are making a "big bet" people will be willing to deal with increased traffic congestion to get to Lansdowne Park.

"The traffic movement in

the Glebe on the weekend is truly grim. It's gridlock. It's a parking lot," Lee said Wednesday.

"It's only going to become much, much worse both during the construction and after the construction."

Mayor Jim Watson acknowledged any increased traffic to Lansdowne Park will pose a challenge.

"I've always maintained that is going to be one of the challenges at Lansdowne," Watson

said. There's always a challenge when there's large events in one location."

According to Watson, the trick will be effectively managing the traffic.

"What we have to do is try to minimize the impact on the surrounding community. And part of the transportation plan is working with our partners like the NCC so that when there's a major event we have the capacity for instance to use the driveway as a transit



Found member of the Friends of Lansdowne, Ian Lee. **METRO**

shuttle service to get people in and out of the area as quickly as possible," he said.

ALEX BOUTILIER/METRO

11 NEWS

On the web



Qriket

This summer's hot weather comes at a cost. Scan the code to see how a drought turned crops to crisp.

'When life begins' debate is political theatre, say critics



Members of the group Radical Handmaids, dressed as characters from Margaret Atwood's novel *The Handmaid's Tale*, protest Motion 312. The private member's bill was voted down in Parliament. GRAHAM LANKTREE/METRO

Private member's bill. MP raises motion to appoint committee to define 'human being'



GRAHAM LANKTREE
graham.lanktree@metronews.ca

Conservative MP Stephen Woodworth's private member's bill to study Canada's 400-year-old definition of a human being was shot down in Parliament Wednesday.

When the dust cleared, Motion 312 was struck down 203 to 91.

The motion aimed for

Parliament to appoint a 12-member committee to study the definition of when life begins. Woodworth said the committee would be composed of scientists and other non-partisan members.

Critics said the motion would open a debate about abortion.

"I think when you have a law that says some human beings are not human beings, it's a big problem for our whole system of justice," Woodworth said when he raised the motion in April.

Yet political scientists, critics and even the motion's supporters agreed it had an air of political theatre about it.

Spectrum



"This is one in a series of attempts under the conservatives to keep this issue on the agenda. They're promoting the idea of freedom of speech, and battling the idea around keeps pro-life factions happy. What the pro-choice side is concerned about is the

attempt to open politically when life begins. But the PM and caucus have said very strongly that abortion is not open for debate."

Melissa Haussman, associate professor of political science, Carleton University



"It's very much a common-sense motion. Ultrasounds show babies in the womb, and even basic high school science understands that life begins at conception. All Mr. Woodworth is asking for is that a committee be set up to debate an antiquated law that

needs to be discussed. It's created a bit of a firestorm in the media and caused people to sit up and realize we have this law on the books."

Mary Ellen Douglas, Ontario president, Campaign Life Coalition



"Private members bills are put forward by anti-choice MPs all the time. Stephen Woodworth said himself that he didn't think it would pass. This isn't about creating a parliamentary committee; the Conservatives are really just rallying their base. But people are unimpressed that it's 2012 and we're still having a discussion about whether women have a right to choose."

Julie Lalonde, Radical Handmaids

Free vote. Eight cabinet ministers back pro-life motion

Eight cabinet ministers voted in favour of backbench MP Stephen Woodworth's pro-life motion, including Status of Women Minister Rona Ambrose, government House leader Peter Van Loan and Trade Minister Ed Fast.

Prime Minister Stephen Harper had allowed his caucus to vote freely on the issue, but did not vote for it out of concern it would reopen the debate on abortion, something the Conservatives promised not to do during the last election.

Four Liberals also voted in favour of Woodworth's motion, while the NDP caucus

opposed it.

Votes on private member's business, or on issues of conscience, are traditionally considered free votes.

"It's a difficult question that Canadians have been afraid to discuss, just like other difficult questions.... There's positions on both sides of any difficult issue, and I just think it's unfortunate that Canadians don't have the freedom or won't insist on having those types of discussions," said Alberta Conservative MP Laurie Hawton ahead of the vote.

Currently, the Criminal Code defines a child as a hu-

man only after it emerges alive from the mother's body at birth. Woodworth and his supporters point out that the landmark 1988 ruling confirming abortion rights in Canada also noted the potential need to protect unborn babies at some point during a pregnancy.

The NDP accused Harper of putting abortion back on the table for debate through Woodworth's motion.

"Mr. Harper can't have it both ways," said NDP Leader Tom Mulcair. "He can't claim that he's against reopening the abortion debate and hav-

ing a sitting minister vote in favour of reopening the abortion debate.

Still, Liberal Leader Bob Rae said allowing free votes on such matters is a venerable Commons tradition that must be respected.

"What we have achieved in Canada ... is, I think, a very powerful national consensus, and that is not unanimity but a consensus, and that this is a matter that's better decided on an individual basis by a woman in consultation with whomever she chooses to consult," said Rae.

THE CANADIAN PRESS

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Nature's fury contained in new exhibit

Unleashed. Museum explores effects of natural disasters



JOE LOFARO
joe.lofaro@metronews.ca

The inside of the Canadian Museum of Nature is a real disaster zone.

The museum's latest exhibit, *Nature Unleashed: Inside Natural Disasters*, pulls together real remnants, images, and videos of some of Mother Nature's most fascinating, yet terrifying, moments. The international travelling exhibition focuses on four natural disasters: earthquakes, volcanoes, tornadoes and hurricanes.

One of the highlights of the exhibits is a dome-like area filled with large DLP projection screens showing real footage of a roaring tornado passing over a probe outfitted with cameras and an audio recorder. It's believed to be the only footage ever recorded from inside a tornado and it's sure to drop some jaws.

When *Nature Unleashed* debuts in Ottawa on Friday, it will include a section on made-in-Canada natural disasters, including the 1998 Ice Storm.

Visitors will learn that the winter storm that cut power to millions of people in Ontario, Quebec, and the East Coast, is Canada's most expensive natural disaster — pegged at \$4.6 billion.

But Hilary Hansen Sanders, travelling exhibitions manager at The Field Museum in Chicago, said people will learn a lot more about Earth than just the physical effects natural disasters have on humans.

Some of the graphic panels on hurricanes include ori-

Notable Canadian disasters

- **1775:** Canada's deadliest natural disaster occurred on Sept. 9, when a hurricane smashed into Newfoundland and Labrador, killing 4,000 sailors and fishermen.
- **1912:** A downtown Regina tornado killed 28 people, injured 200, and left 2,500 homeless on June 30.
- **1954:** Hurricane Hazel hit Toronto on Oct. 18, killing 81 people and leaving 1,900 homeless.
- **1971:** One neighbourhood sank 30 metres after a landslide in Saint-Jean-Vianney, Que., in May, which killed 31 residents and destroyed 41 homes.
- **2003:** Hurricane Juan brought waves as tall as 19 metres and 157 km/h winds to the Maritimes on Sept. 29. The storm killed eight people and left a trail of damage from Halifax to Prince Edward Island.

ginal drawings from school children in New Orleans who survived Hurricane Katrina.

"It's one thing to see things on TV that people are suffering, but it's another thing to see for yourself with the kids' crayon strokes how they felt and how they still feel about what happened to them," said Hansen Sanders. "It definitely kind of ratchets up the emotion of it all."

The exhibition runs until May 5, 2013.

Follow Joe Lofaro on Twitter @giuseppello



Hilary Hansen Sanders, The Field Museum's travelling exhibitions manager, poses next to a broken tree trunk that was left behind after Hurricane Hugo in Florida in 1989. It's one of the items included in the Canadian Museum of Nature's new exhibit, *Nature Unleashed: Inside Natural Disasters*, which opens Friday. JOE LOFARO/METRO

Kids at risk

Man flashing young girls in Bells Corners, police warn

Ottawa cops are investigating reports of a man exposing himself to young girls near Moodie Drive and Richmond Road.

On Sept. 20, a man driving a black car approached a 12-year-old girl asking if she wanted a chocolate bar before

flashing her, police said in a news release.

Five days later, two 10-year-old girls were approached by a man driving a black car.

"He stated 'hi' and continued to follow them in his vehicle to their housing complex," the police release said.

They describe the man as white, in his 30s or 40s with short dark hair, possibly wearing glasses. The vehicle is described as a black, mid-size four-door car. **METRO**

Insubordination

Cop demoted for snooping on ex

An Ottawa police officer has been reprimanded for repeatedly accessing police databases to snoop on a former lover's partner and friends. Staff Sgt. Lyse Fournier was demoted to the rank of sergeant for seven months after she pleaded guilty to two counts of insubordination under the Police Services Act. **THE CANADIAN PRESS**

Ottawa Hospital

Bed closures to lead to job cuts

More than a dozen nursing jobs at the Ottawa Hospital will be cut after six short-term rehabilitation beds were eliminated last week, says the Ontario Nurses Association. Unionized therapists and therapy assistants will also see six of their jobs impacted by the closure of the rehab beds.

GRAHAM LANKTREE/METRO

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CHD12MT37

Error. Ottawa cancels \$75 parking fine for woman who never set foot in city

When Emma Gardner received her first parking ticket in the mail last week, she knew something was wrong.

"It said I was parked on private property in Ottawa, where I've never been before," she said.

In addition to never having visited the capital before, Gardner said she was working a 12-hour shift nannying in Milton, northwest of Toronto, on Aug. 21 — the day of the supposed "unauthorized parking on private property" infraction.

Shortly after receiving the \$75 ticket, she called the City of Ottawa.

City staff quickly realized there had been a glitch and cancelled the ticket.

Although Gardner and her boyfriend, Joe Filion, are relieved the mistake was quickly corrected, they said it's alarming the glitch happened at all.

"The fact that it could actually happen is kind of nerve-racking because it almost feels like they could just throw in any (plate) number," Filion said. "Someone that's never even been to a city can get a parking ticket."

The "reading error" hap-

System glitch

\$75

Emma Gardner was issued a \$75 ticket for "unauthorized parking on private property" by the City of Ottawa, when she has never even been to the nation's capital.

opened when the correct, handwritten ticket was scanned into the provincial court tracking system, Christine Hartig, Ottawa's strategic initiatives project officer, wrote in an email.

"One of the digits of the plate number on the vehicle for which the ticket was originally issued was incorrectly scanned and therefore was attributed to Ms. Gardner's vehicle," Hartig explained.

When Gardner called in, staff checked with the Ministry of Transportation and realized Gardner drives a Ford and the ticket was issued to a Chrysler parked at the Greenbank Avenue address.

Plus, Hartig said, the plate expiry dates didn't match.

"This is a very rare occurrence," she added.

—TORSTAR NEWS SERVICE

Pack up food and donate lunch money urge MPs



Conservative MP for Kitchener-Waterloo Peter Braid, along with Liberal and NDP MPs, hand out paper lunch bags on Sparks Street Wednesday. The gesture was a way to urge passersby to donate their lunch money to World Vision's West African famine relief. GRAHAM LANKTREE/METRO

WV campaign. The federal government will match every individual's donation to West Africa's food crisis until Sept. 30

GRAHAM LANKTREE
graham.lanktree@metronews.ca

Conservative, Liberal and NDP MPs handed out paper lunch bags on Sparks Street Wednesday urging passersby to donate their lunch money to World Vision.

"More than 18.7 million people are at risk of death from the ongoing food crisis

The affected

18.7M

More than 18.7-million people are at risk of death from the West African food crisis, including four-million children, according to World Vision Canada.

in West Africa," said Elly Vandenberg, World Vision Canada's senior director of policy and advocacy. "This is not a partisan issue. Four million children are affected."

The government says it will match, dollar for dollar, everything raised by the World Vision campaign until Sept. 30.

The MPs asked people to consider taking the money they would usually use to buy lunch and donate it to the famine relief.

"Our government will match that donation..." said Peter Braid, Conservative MP for Kitchener-Waterloo, "(to raise) awareness about the situation in the Sahel."

On Wednesday United Nations Secretary General Ban Ki-moon spoke out about the crisis at a high-level meeting on the Sahel held on the margins of the 67th UN General Assembly.

"Political turmoil, extreme climatic conditions and fragile economies are combining to create a perfect storm of vulnerability," he said of the troubled region, reported news source AllAfrica.com.



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Jamaica 7 Nights 4-Star **\$800***

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Departs Oct 13/nol/c6.

Mayan Riviera 7 Nights 4-Star **\$907**

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Departs Nov 27/acv/ac.

Long Stays

Fort Lauderdale Air + 21 Nights **\$1399**

Hollywood Beach Resort Cruise Port incl \$1267 base + \$132 taxes & fees

INCLUDES resort-style accom near Hollywood Beach. Departs Nov 13/ggv/ac.

Surfer's Paradise **\$2529**

Air + 19 Nights 4-Star

Karana Palms Resort incl \$2269 base + \$260 taxes & fees

INCLUDES 1-bedroom Chevron Island Karana

Palms Resort near the beach. Departs Feb 5/ggv/fj.

ADD Brisbane airport transfer for \$49 per direction.

USA

New Orleans Halloween
Air + 4 Nights
\$674

Holiday Inn Downtown Superdome incl \$545 base + \$129 taxes & fees

INCLUDES downtown accom over Halloween

weekend. Departs Oct 28/ggv/ua. **UPGRADE** to

4-star Hilton New Orleans for \$13 per night.

ADD ghosts and spirits walk for \$26.

New England Fall Colours **\$488**

Air + 5-Day Car

No Hotel incl \$363 base + \$125 taxes & fees

INCLUDES roundtrip airfare to Boston and 5-day

car rental to explore the Fall foliage of

New England. Departs Oct 25/ggv/dl.

Vehicle upgrades available.

Atlantic City Air + 3 Nights + Car **\$519**

Bally's Atlantic City incl \$393 base + \$126 taxes & fees

INCLUDES airfare to Philadelphia, accom on

the Atlantic City strip and 3-day car rental with

unlimited mileage. Departs Oct 10, 17/ggv/dl.

Hawaii Island Hopper **\$1418**

Air + 7 Nights

Aston at the Maui Banyan, incl \$1290 base + \$128 taxes & fees

Miramor at Waikiki

INCLUDES all airfare, 3 nights Maui accom, and

4 nights Oahu accom. Departs Dec 4/ggv/ua/ha.

Vacations

Costa Rica
Air + 7 Nights
\$1318

Ramada Plaza Herradura incl \$1060 base + \$258 taxes & fees

INCLUDES San Jose accom. Departs Nov 14/ggv/ac.

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Real Intercontinental Hotel for \$38 per night.

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Serene Resort incl \$1654 base + \$544 taxes & fees

INCLUDES Phuket accom near Kata Beach. Departs

Feb 9/ggv/ac. **ADD** Similan Islands excursion for \$150.

Canada

Vancouver Air + 3 Nights **\$668**

The Empire Landmark Hotel incl \$511 base + taxes & fees \$157

INCLUDES West end accom. Departs Oct 22,

29/ggv/ws. **UPGRADE** to 4-star Carmana Plaza for

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Screengrab images from surveillance video shown at the Charbonneau Commission in Montreal Wednesday. A police detective showed the video of prominent construction bosses and high-ranking members of the Rizzuto crime family exchanging cash. THE CANADIAN PRESS/HO

Mafia dealings caught on video

Relevance. Evidence against construction industry never used because it wasn't pertinent in RCMP's drug investigation

Hours of police video of Mafia backroom dealings — the sort seen in Hollywood films — was played at a public inquiry into corruption Wednesday.

The memorable scenes included the one-time don of the country's most powerful Mafia family, the late Nicolo Rizzuto, at meetings with construction-industry players where he received wads of cash and stuffed them into his socks.

Quebec's corruption inquiry has promised to examine ties between organized crime, the construction industry and the world of political-party financing.

After months of anticipation, it witnessed video evidence of financial links between the underworld and the construction world.

The images were gathered by the RCMP as part of surveillance operations in 2004 and 2005 — and they were largely ignored until now.

Construction industry boss-

Operation Colisee

- Videos were shot during a five-year investigation that led to mass arrests in 2006 — the largest sweep against the Italian Mafia in Canadian history.
- The operation helped precipitate the decline of the Rizzuto empire, many of whose members are now in jail or dead.
- Vito Rizzuto, the most powerful member in the family when arrested in 2004, will be released from a U.S. prison Oct. 6.

es were seen handing cash to Rizzuto or other Mafia types; there were also scenes from a Christmas party where businessmen and senior members of the Cosa Nostra exchanged affectionate two-cheek kisses.

The scenes were gathered by cameras hidden at an east-end Montreal "social club" that served as the Mafia's headquarters. Significant amounts of cash — as much as \$20,000 at a time — exchanged hands.

The Mounties fought in court to keep from sharing the evidence but Quebec's Charbonneau Commission won that court battle to access the footage. THE CANADIAN PRESS

Lawsuit settlement

UC to pay Occupy protesters \$1M

The University of California has agreed to pay \$1 million to settle a lawsuit filed by demonstrators who were pepper-sprayed during an Occupy protest at UC Davis last fall, according to a preliminary settlement filed Wednesday.

The Nov. 18, 2011, incident, during which a police officer casually dispensed orange pepper spray in the faces of non-violent protesters,

prompted national outrage, angry campus protests and calls for the resignation of Chancellor Linda Katehi after online videos went viral.

Under the settlement, UC would pay \$30,000 to 21 plaintiffs and an additional \$250,000 to their attorneys.

THE ASSOCIATED PRESS



Lt. John Pike of the Davis police uses pepper spray to move protesters last year. THE ASSOCIATED PRESS

Union convention

B.C. towns vote to decriminalize pot

British Columbia's municipal politicians have waded into the national marijuana debate by voting in favour of decriminalizing pot and studying the benefits of taxing and regulating it.

Mayors and councillors attending the annual Union of B.C. Municipalities convention were backed Wednesday by the Victoria-area community of Metchosin to support

marijuana decriminalization during a stirring debate.

"I tried it when I was younger, and I turned out OK," said Prince George Coun. Brian Skakun.

The majority said it was time B.C. did something to counter the violent control organized crime has over the marijuana industry — estimated to be worth \$7 billion annually. But Tom Siddon, a B.C. Interior regional district politician, said this would send the wrong message to young people. "This is not a remedy." THE CANADIAN PRESS

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Key ingredient in bath-salts drug now illegal

Alleviating confusion.

The government says people shouldn't confuse the street drug's name with legitimate bath products

The federal government is banning a key ingredient found in the street drug known as bath salts.

The compound, called MDPV, will now be treated the same as cocaine or heroin.

Health Minister Leona Aglukkaq says the new rules make it illegal to possess, traffic, import or export the substance.

The compound can be used in legitimate research if authorized by regulation.

The minister says the decision to ban MDPV follows concerns expressed by health

Playing with your head

The bath-salts street drug is said to have mind-altering properties.

officials about the health and safety risks associated with its use.

She says police and the Canada Border Services Agency are also concerned about the substance's grow-

ing popularity and availability.

The government stressed that people shouldn't confuse MDPV and its street name with legitimate bath products.

The Canadian Association of Chiefs of Police welcomed the ban, calling it "an important step in stopping organized criminal groups from acquiring and profiting from this illegal substance."

THE CANADIAN PRESS



Minister of Health Leona Aglukkaq announces during a news conference in Ottawa on Wednesday that additional chemicals are regulated under the Controlled Drugs and Substances Act. ADRIAN WYLD/THE CANADIAN PRESS



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\$3.1M lawsuit. Manitoba pharmacy misrepresented NIHB claims: Ottawa

A Prairie pharmacist and his former drug store face a multimillion-dollar lawsuit from the federal government over allegations they fleeced the aboriginal health-benefits plan.

A newly released report and documents filed in a Manitoba court allege Murvin Abas and Fisher Pharmacy submitted phoney claims to the Non-Insured Health Benefits program, overcharged for some products and had excessively high dispensing fees.

Ottawa is now suing Abas and the pharmacy for \$3.1 million.

In a statement of claim filed in January, the government alleges Abas "fraudulently and negligently misrepresented information and claims" submitted to the NIHB program.

"Abas made the representations of false and inaccurate claims to the NIHB program fraudulently in that he knew the representations were false or he was reckless in not caring whether they were true or false and that Canada relied on the false or reckless misrepresentations in reimbursing Abas Pharmacy for the

Investigation

The claims are the latest to surface as part of a months-long investigation by The Canadian Press into alleged wrongdoing involving federal money for aboriginal health care. Those allegations include:

- **Grocery shopping.** Staff at a remote nursing station in northern Ontario allegedly authorized expensive medical flights to go grocery shopping.
- **Alleged misuse.** A New Brunswick First Nations health centre where half a million dollars that came from federal contribution agreements was allegedly misappropriated.

claims submitted under the NIHB," the government alleges in its statement of claim.

None of the allegations have been proven in court, and a statement of defence has yet to be filed.

THE CANADIAN PRESS

Sentencing

Fake cancer patient gets jail

A U.S. woman who pretended to have cancer to raise money for breast implants has been sentenced to a year in jail and three years of probation.

A court spokesman in Phoenix says 27-year-old Jami Lynn Toler was sentenced Wednesday. She had pleaded guilty to a theft charge in a plea agreement.

Police reports show Toler told her former boss she needed a double mastectomy and breast reconstruction but was uninsured. She told the same story to her mother and grandparents.

THE ASSOCIATED PRESS

Geneva hearings

UN confronts Canada on rights of children

United Nations officials say they're concerned vulnerable Canadian children may be falling through the cracks of a fractious federal system that lacks accountability and a clear strategy.

In hearings in Geneva to examine Canada's adherence to the Convention on the Rights of the Child, Ottawa was repeatedly taken to task for incoherence about how federal and provincial programs actually help kids.

THE CANADIAN PRESS

2 near misses spark safety changes at O'Hare airport

Takeoffs, landings.

Runways don't intersect but are close enough that air traffic can cross paths

New air-traffic-control procedures have been put in place at Chicago's O'Hare International Airport to try to eliminate the risk of midair collisions over a pair of runways, after two near misses last year raised serious concerns, federal officials said.

The planes involved in the incidents, which occurred three months apart in 2011, came within a few hundred feet of each other, according to a preliminary report released this week by the National Transportation Safety Board. No one was hurt.

Revised procedures include the extension of a warning system to automatically alert controllers if a plane is approaching to land on one runway as an aircraft is taking off on the other.

The two air-traffic controllers responsible for the runways also are now seated

Close shaves

- The first near miss, on May 16, 2011, involved a SkyWest plane approaching one runway and an ExpressJet Airlines jet taking off on the other runway. The ExpressJet captain told investigators he saw the landing plane heading straight for his and frantically told his co-pilot to "stay low."
- The other near miss took place Aug. 8, 2011. A Chautauqua Airlines flight was landing and nearly struck a Trans State Airlines flight taking off. The Trans State's pilot said it was too late to abort their takeoff and he had to take evasive action by slightly delaying takeoff.

beside each other to better communicate. And a work station for supervisors has been removed after controllers complained it obstructed their view and forced them to yell vital information across the room. **THE ASSOCIATED PRESS**



Flood water creeps higher

Natalie Stroughair sandbags a taxi office in York, northern England, as the River Ouse continues to rise Wednesday following the torrential rainfalls of the past few days. People living close to the River Ouse in the York and Selby areas were bracing themselves as water levels continued to rise and the Environment Agency issued a range of flood warnings for the area. **JOHN GILES/THE ASSOCIATED PRESS**

Alberta's rat pack

Medicine Hat rid of giant problem

A giant rats' nest has been destroyed in a southern Alberta city fighting to get rid of the rodents.

An official in Medicine Hat says staff from the city, the county and the province got rid of an 80-metre-long nesting site at the landfill on Tuesday. Ed Jollymore says no live rats were found.

Alberta's rat-free status

was put into question last month when the nest was discovered at the dump. At least 100 Norway rats have been killed by city staff.

Jollymore says it took six hours for 21 workers and two excavators to dismantle the nest. He says the "rat patrol" will continue to monitor the area and put out poison bait as part of Operation Haystack. Poisoned hay bales have been dropped around the city to try to stop the flow of vermin into neighbourhoods. **THE CANADIAN PRESS**

Grenade launcher

Fake terrorist arrested over hoax

Phoenix police say they've arrested a man after he reportedly dressed a teen relative in a sheet and sent him into a street to aim a fake rocket-propelled grenade launcher at passing cars.

Police spokesman officer James Holmes says 39-year-old Michael D. Turley was arrested Monday on charges of knowingly giving a false impression of a terrorist

act, endangerment and contributing to the delinquency of a minor. Holmes said Turley filmed the teen pointing the fake grenade launcher at passing cars on July 28.

Responding police didn't make any arrests after Turley told them he was making a movie. Police made the arrest after the self-described filmmaker reportedly posted a video on YouTube that said he was testing how fast Phoenix police responded to the mock terrorist.

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Will Justin jump? Media magnet Trudeau plays coy

Tuesday the day?

Son of Liberal icon won't confirm or deny reports he'll enter Grits' leadership race

Justin Trudeau's star power was on display Wednesday as reports of his imminent entry into the Liberal leadership

The man

Some folksy facts about Justin Trudeau:

- **Birth.** He was born on Christmas Day, 1971. Brother Sacha was born two years later on the same day.
- **Marriage.** He is married to former Quebec TV personality and model Sophie Grégoire. They have two children.

race sparked a media frenzy on Parliament Hill.

But the 40-year-old Montreal MP coyly refused to confirm or deny reports he'll announce his bid Tuesday in his Papineau riding.

A phalanx of television cameras and outstretched microphones besieged Liberals outside their usually quiet weekly caucus meeting.

It was a testament to Trudeau's magnetic ability to attract attention.

"Thank you very much for your interest," he said on his way out of the meeting.

"I'm pleased to hear all the buzz and all the interest in the Liberal party's fortunes.

"But I have nothing further today.... I promise I will let you know when I have something to announce."

Liberals are desperate to avoid sinking into oblivion after being decimated in the 2011 election. That's made Trudeau the virtual front-runner in a leadership race that hasn't yet officially begun.

THE CANADIAN PRESS



The Trudeau tempest: Justin negotiates a microphone maze as he enters a Liberal caucus meeting on Parliament Hill on Wednesday. ADRIAN WYLD/THE CANADIAN PRESS

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Uruguay legalizes abortion in a squeaker vote

Chamber of Deputies.

President will allow it to become law if Senate approves; bill allows a legal abortion in first 12 weeks

Legislators have voted in Uruguay by a razor-thin margin to legalize abortion.

In Latin America, where the majority of people are Roman Catholic, no country except Cuba has made abortions accessible to all women during the first trimester of pregnancy.

The vote in Uruguay's Chamber of Deputies passed just before midnight Tuesday after several lawmakers on each side of the debate said

The power of one

1 Passing by a single vote: Legislators voted 50-49 to legalize abortion in Uruguay.

they could not in good conscience go along with their parties, and allowed substitutes to vote in their stead.

President Jose Mujica says he will allow it to become law, if the Senate approves the changes.

The Senate already has approved an even more liberal version of the landmark abortion measure.

The Chamber of Deputies' legislation would give women the right to a legal abortion during the first 12 weeks of pregnancy, and decriminalize later-term abortions when

the mother's life is at risk or when the fetus is so deformed that it wouldn't survive after birth. In cases of rape, abortions would be legal during the first 14 weeks.

Deputy Pablo Abdala of the opposition National Party vowed Wednesday to promote a popular referendum to overturn the law, if Mujica doesn't veto it, calling the measure a violation of human rights.

However, polls suggest many more Uruguayans favour abortion rights than oppose them.

A survey this month showed 52 per cent of Uruguayans would vote to legalize abortion if the question were put to the people, while 34 per cent would vote against it. The survey was of 802 people. **THE ASSOCIATED PRESS**

German Catholics

Religious taxes must be paid to be in the church

Germany's top administrative court has ruled that Catholics who opt out of paying religious taxes must automatically leave the church as well.

The court's verdict Wednesday is a victory for the Catholic Church in Germany, which receives more than \$5.14 billion annually from a surcharge of up to nine per cent on income-tax bills of registered Catholics. Germany's bishops announced last week that believers who refuse to pay the tax won't be able to receive the sacraments, become godparents or have a religious funeral.

THE ASSOCIATED PRESS

Indian Kashmir

Cops use batons on paramedics

Police in Indian-controlled Kashmir used batons to disperse hundreds of female paramedic students protesting recent exam results.

The students were demanding that their tests be rechecked after nearly 5,000 students out of 7,000 failed. Police said at least four students were injured. **THE ASSOCIATED PRESS**



Remembering the Joola 10 years on

Bouquets of flowers lie in front of a sculpture of the African continent at the edge of the Atlantic Ocean, following a ceremony commemorating the tenth anniversary of the 2002 Joola ferry disaster, in Dakar, Senegal, Wednesday. With an official death toll of 1,863 and just 64 survivors, the Joola remains one of the deadliest disasters in maritime history. **REBECCA BLACKWELL/THE ASSOCIATED PRESS**



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Iran's Ahmadinejad talks, Canadians walk out again

United Nations.
Tensions run high at UN meeting only weeks after Canada closed embassy in Iran

Canadian diplomats walked out Wednesday as Mahmoud Ahmadinejad subjected the United Nations to more of his trademark political vitriol, but the Iranian president brushed off Canada's anti-Iran bent even as Tehran warned its citizens to avoid the country for fear of rampant "Iranophobia."

It wasn't the first time the Canadian delegation has walked out on Ahmadinejad — they did it last year and in 2009 at the United Nations annual gathering of world leaders.

But tensions are running higher than ever between the two countries after Foreign Affairs Minister John Baird shuttered Canada's embassy in Iran three weeks ago.

"We will not sit silently in our chairs and listen to Iran's hateful, anti-Western, anti-Semitic views," Baird's press secretary, Rick Roth, said.

"If anything, today's address only reinforces our decision earlier this month to suspend diplomatic relations with Iran."

Ahmadinejad was dismissive of Canada in a news conference following his speech to the UN.

"I fundamentally don't see this as a very important issue. Of course we did not have a substantial economic relationship with Canada," he said.

Ahmadinejad didn't mention Canada by name during his speech, but a statement was posted Wednesday by the Islamic Republic News Agency, Iran's official news agency. The statement, attributed to Iran's Foreign Ministry, warned Iranian citizens against travelling to Canada, citing "Islamophobia," "Iranophobia" and a "double standard" in Canada towards human rights.

THE ASSOCIATED PRESS



Mahmoud Ahmadinejad gestures at the United Nations General Assembly Wednesday. JASON DECROW/THE ASSOCIATED PRESS

Analysis

Iran's leader politically wounded

Iran's president has no trouble making himself heard: rumbling through the UN's annual world gathering this week with comments bashing homosexuality, describing Israel as a doomed misfit in the Middle East and predicting a rising tide against U.S. "bullying."

On one point, however, he is mum — his plans after elections next June that will close out his second and final term.

Mahmoud Ahmadinejad has so far dodged questions about possible post-presidential roles with cryptic replies or inscrutable silence. Yet this much is clear: Despite his bravado at the UN and other international forums, he heads into the last months of his presidency politically wounded at home in the wake of damaging skirmishes with Iran's ruling system.

THE ASSOCIATED PRESS



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Red Bull heir pays off family of cop he killed

Common practice.

Vorayuth still faces criminal charges after hitting victim with his Ferrari in Bangkok and dragging his body

The billionaire family of a Red Bull energy-drink heir accused of killing a police officer in a hit-and-run accident paid the officer's siblings about \$100,000 in a deal aimed at avoiding a civil lawsuit, police said Wednesday.

Vorayuth Yoovidhya, 27, is charged with driving a Ferrari that struck the officer and dragged his body down a Bangkok street earlier this month.

The Yoovidhya family paid the officer's siblings 3 million baht (\$97,000 US) last



Vorayuth Yoovidhya was taken into custody last month after driving into a Bangkok cop. AP FILE

week, police Lt.-Col. Viradon Thubthimdee said. He said the settlement will protect Vorayuth from a civil lawsuit.

"We sometimes call this a 'funeral fee.' If the victim's party is satisfied with the

amount of money, then they will not seek compensation through a court," Viradon said.

The payment, however, does not protect Vorayuth from criminal charges of causing death by reckless driving and fleeing to avoid arrest. If convicted, he faces up to 10 years in jail and a fine of 20,000 baht (\$666).

The payment from the extremely wealthy family is also unlikely to quell public outrage over the incident and an initial attempt to cover up Vorayuth's alleged involvement by arresting a bogus suspect.

The family was ranked fourth-richest in the country by Forbes magazine with a net worth of \$5.4 billion.

It is not uncommon for the rich and privileged to get away with crimes in Thailand.

THE ASSOCIATED PRESS



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Readership numbers. Metro keeps growing across Canada

It's official: Metro continues to be Canada's fastest-growing national daily newspaper, according to results released yesterday by the Newspaper Audience Databank (NADbank).

Almost 1.6 million Canadians read Metro every day, an increase of 247,400 readers over NADbank 2010-2011 results.

Initial results for Metro London and Metro Winnipeg, launched in April 2011, speak to the success of the Metro brand — NADbank pegs London daily readership at 35,400 and Winnipeg at 72,700.

Results for Metro Saskatoon and Metro Regina, launched in April this year, will be available in September 2013.

"These results confirm the power of the Metro brand

By the numbers

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Site makeover

MySpace revamp stars Timberlake

MySpace, the once-mighty social network turned entertainment site, is trying to stage yet another comeback with the help of Justin Timberlake.

The company posted a video this week that teases the New MySpace and lets people sign up for invitations to join. Based on the video, the new site looks like an entertainment-focused version of Pinterest, with a dash of Twitter and Facebook. Timberlake, who is featured prominently in the video, bought MySpace last year with a group of other investors.

THE ASSOCIATED PRESS

Cyber-justice lets you take it online

'Wisdom of the crowd'

Dispute-resolution web sites provide individuals and businesses with a faster, low-cost means for settling conflicts

Never mind telling your side of the story in court, or to your best friend. Cyber-justice is starting to be dispensed to resolve civil disputes and personal disagreements. Sometimes it's left to ordinary folks to vote on winners and losers.

Take eQuibbly, for example. It lets people bring their personal and business disputes online — anything from complaints about loud music to boyfriends ogling other women to how restaurant tips should be shared.

Founder and president Lance Soskin cites the case of the ogling boyfriend and noted that people agreed with his fiancée that he should concentrate on her when they're out together.

"He responded with, 'Well I gave up my porn for her' and he thought that was quite an achievement," Soskin said from Toronto.

"Eventually people on the site just convinced him he was being rude and uncouth." Participants read both sides of an argument and vote on who wins the dispute, which Soskin called "crowd voting." The web application is free to its users and obviously does not deal with criminal cases or more serious matters like divorce.

Technology analyst Duncan Stewart said theoretically the "crowd" should be impartial.

"There's this whole wisdom of the crowd thing — a million people know more than one



The website eQuibbly is seen Wednesday in Montreal. It lets people bring their personal and business disputes online. RYAN REMIOWZ/THE CANADIAN PRESS

person no matter how smart that one person is," said Stewart, director of Deloitte Canada Research for Technology, Media and Telecommunications.

"People are voluntarily contributing to the public good." Stewart said eQuibbly does what has been done informally for years and added "even things that might be settled by the courts might start being settled by the crowd because they're better."

eQuibbly has a more serious side, though, which allows individuals and businesses to agree to a debate with a binding resolution.

Soskin sees shortfalls in the justice system that online dispute resolution might solve. The justice system is somewhat biased toward people who have money and time, he said.

"You can't go to court for a few hundred dollars," he said.

Quoted

"You can't go to court for a few hundred dollars. Most of the court systems in the U.S. and Canada are backlogged with thousands upon thousands upon thousands of cases." Lance Soskin, founder and president of eQuibbly

"Most of the court systems in the U.S. and Canada are backlogged with thousands upon thousands upon thousands of cases."

The British Columbia government announced in May that it will set up an online tribunal to help people solve small civil claims outside court. It's expected to be in place by 2013-14 and save money on travel time and court costs.

"Once online dispute resolution is started, ongoing participation would be mandatory until a voluntary or binding settlement was reached," the

B.C. government has said about the service.

There's also mylegalbriefcase.com, which helps guide people through Ontario's small claims court system.

Associate Prof. Erik Knutsen said concerns have been raised in the legal community that individuals could either lose some of their rights or not be aware of their rights by having disputes resolved online.

But Knutsen said it's important to try to unclog the system and not have people wait a couple of years to get a resolution. THE CANADIAN PRESS

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Pork out. U.K. farming group forecasts global bacon shortage for 2013

A British farming organization is predicting a worldwide shortage of bacon and pork next year.

The National Pig Association says global drought conditions are driving up the price of grain, a major staple in hog feed. It says pig farmers around the world are selling their herds because retail prices are not rising fast enough to cover the cost of record-high pig-feed costs.

In the U.S., the government

has introduced a pork-buying program in a bid to keep its pig farmers in business. And the Chinese government is putting pork into cold storage, as a buffer against shortages and high prices next year.

Iowa-based agricultural economist Steve Meyer says he expects to see record prices for pork next year. He says high grain prices affect all meat suppliers, meaning beef, chicken and turkey supplies could also be affected. THE CANADIAN PRESS

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A (BLOODY) THUMB GOES UP, A CAR GOES BY ...



HE SAYS...
John Mazerolle
metronews.ca

After years of hitchhiking, my biggest tip is to never thumb with a bloody hand.

You might think that's stupid advice, perhaps suitable for some creature that doesn't

even have opposable thumbs (which is why dogs so rarely hitchhike).

But, trust me, it's important.

Recently, I've been hitchhiking Iceland, the country that leads the world in tourist spots that can actively kill you. (Typical sign: Welcome! Beware of steam explosions!)

I was on the one-lane "highway" heading from some death-by-ice attraction to some death-by-fire one, and several cars passed me. Not a big deal, but I decided to do my mental hitchhiking checklist.

Hitchin' a ride

I did have a first-aid kit with me, but I forgot the first rule of first aid: Remember that you have a first-aid kit with you.

- Standing where visible but too difficult to hit for points? Good.

- Eyes conveying "Don't hate me, I'm not American"? Check.

- Looking outdoorsy but not serial-killery? Whoops.

This is when I noticed my hand. A hangnail — throbbing

from cold weather and gushing from a blood disorder I have — meant my right hand had gone all Carrie White. I looked like maybe I had pulled a Temple of Doom on one of the sheep wandering the roadside.

I did have a first-aid kit with me, but I forgot the first rule of first aid: Remember that you have a first-aid kit with you.

Instead, I followed my memory from Boy Scouts and put a wet, woolen glove over top of it, which is probably what they would recommend. I'm not sure because I quit during Beavers.

After performing the medical equivalent of putting duct tape over the "Service Engine" light, somebody eventually stopped. I don't think the driver was unnerved when he heard "Don't be alarmed but there's a lot of blood on my hand." The nervous giggle afterward may have given him pause, though.

Thankfully, it all worked out. It always does.

People talk about how dangerous hitchhiking is, and the travel book I brought — the office of whose publisher is clearly ringed by rabid lawyers — goes so far as to say hitchhiking is "not rewarding." Of course hitchhiking has its dangers, but it seems a paranoid stance in a place where you're encouraged to swim in fault lines and volcanoes.

Hitching is one of the best ways to meet locals. It's cheap, and it's like love: When you find what you were looking for, you forget instantly about the long wait that came before.

Maybe the best thing about hitchhiking is that it's much easier than it seems. It's rare that something so easy to do elicits such instant wonder in people who never thought to try it.

But the secret's out now, I suppose, so if you've never considered it before feel free to sully your virgin thumb. Get a written sign if you like, stand in a straightaway where drivers have enough time to decide to stop, and wear bright colours for safety's sake. I find a nice blood red really catches the eye.



Rule of thumb: Conceal the blood. iStock

Who's at the wheel?



ERIC RISBERG/THE ASSOCIATED PRESS

Google auto

Driverless car gets green light

A driverless car is seen at Google headquarters in Mountain View, Calif. Google has been developing autonomous car technology and lobbying for the regulations for years.

The company says autonomous cars can make roads safer, free commuters from the drudgery of driving and reduce congestion.

THE ASSOCIATED PRESS

This many clicks

483,000

Google's fleet of a dozen computer-controlled vehicles — mostly Toyota Priuses equipped with self-driving technology — has logged more than 483,000 kilometres of self-driving without an accident, the company said.

Signed, sealed, driven

Legislation paves way for technology

Gov. Jerry Brown signed legislation earlier this week that will pave the way for driverless cars in California.

The legislation requires the California Department of Motor Vehicles to draft regulations for autonomous vehicles by Jan. 1, 2015. Currently, state law doesn't mention self-driving cars because the technology is so new.

THE ASSOCIATED PRESS

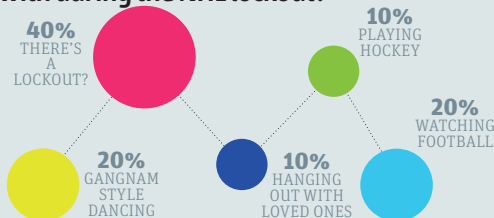
Drivers wanted

- Autonomous cars use computers, sensors and other technology to operate independently, but a "driver" can override the autopilot function any time.
- The regulations would allow vehicles to operate autonomously, but a licensed driver would still need to sit behind the wheel to serve as a backup operator.



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What will you replace watching hockey with during the NHL lockout?



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@fateemaghani: Love when people are just as excited about my joy as I am. :) #skypedatewithsarah #thebest-est

@kaytayace: @hunnybunsxo HAPPY MEAL AND TOYS OMG

@francoislagace: A hobo just stole my lip balm... What has this world come to?

@lconiac4Life1: That awkward moment when you get out of the movies and it's still day time.

@dreazand: God I pray you in the morning keep me out of my pillows. My pillows don't care about nun they just wanna see me dead.

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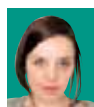
SCENE 2



The Empress Effects team — (left to right) Jason Fee, Dan Junkins, Steve Bragg, Cody Gilchrist and Mike Stack (front centre) NICK BROWN/IGG/METRO

Steve Bragg puts his stamp on the sounds of music

Entrepreneurial tune. Musician turns an interest in music effects into a bustling business with big-name clients



BACKSTAGE PASS
Jen Traplin
ottawa@metronews.ca

Before founding Ottawa-based music effects pedal company, Empress Effects, CEO Steve Bragg was an electrical engineering student trying to decide what step to

take next.

He started his post-secondary education at Carleton University but, in his second year, was seriously considering dropping out.

"I just wanted to start a business and not waste any more time," Bragg admits.

Rather than drop out, his parents suggested he switch schools so he moved to Kingston and finished his degree at Queen's University.

Creating guitar pedals wasn't his initial entrepreneurial idea though. Bragg's first business was a web design company, which he calls a "complete failure."

"After that, I started thinking about starting an effects company. I thought, 'this

is going to be cool, but is it viable?' And most people I talked to thought the same way," he says.

"The first two years were pretty stressful and working basically became my life."

Things are a lot more balanced these days. Bragg, a musician himself, now has a team that works with him to create handmade effects pedals, which can be a crucial part of a band or artist's sound.

"Effects or pedals allow musicians to change the sound of their instrument in different and hopefully interesting ways," he explains.

Good examples, Bragg says, include the wah-wah

effect at the start of Hendrix's Voodoo Child, the chorus effect in Nirvana's Come As You Are, the distortion in most rock songs and auto-tuned vocals on pop tunes.

In just a few short years, Empress Effects has acquired an impressive list of clientele. Just some of the big names using the company's products include Prince, Andy Summers of The Police, Brad Paisley, Dan Auerbach of The Black Keys, Adam VanWyngarden of MGMT, Deadmau5, Jimmy Shaw of Metric, Kid Koala, James Valentine of Maroon 5 and Steve Mazur of Our Lady Peace.

With a dozen products al-

Details

For more information on Steve Bragg, his team and their products, go to empresseffects.com.

ready on the market, Bragg and the rest of this team at Empress Effects have even more ideas in mind for the future.

"We've got a bunch of new effects that we've been working on, some of them for a couple years.

"They're all set to be released by the end of the year, so that's pretty exciting. There's still a ton of sound exploration to be done."

On the web



Qriket

Edward Norton, Snoop Dogg among celebrities to play Words With Friends for charity.

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Don't hate him for being the Bachelor

Survey says

A new survey from Match.com, an online dating site, reveals that, unlike the 25 lucky ladies who will be battling for the heart of the Bachelor Canada, less than one in 10 Canadian women would go on a reality series to find love. In fact, most single Canucks (45 per cent) believe a first date on national television would be the most intimidating type of romantic rendezvous. Match.com dove into their vault of Canadian data to determine which contestant is most likely to win Brad's heart — at least according to statistics.

- **Blondes rule.** Single Canadian chaps (41 per cent) prefer flaxen-haired females over brunettes and redheads, and 46 per cent of men prefer women who have "medium" length hair. Lucky for the brown-haired Bachelor, the opposite is true of Canadian women. The majority of single ladies (54 per cent) swoon over brown-haired men.
- **No jock love.** The football-playing Bachelor might not be so fortunate in the job department. Only seven per cent of single Canadian women think being an athlete is an attractive profession. Those contestants that are in the medical field or are self-employed may have a leg up; these are the two sexiest professions, according to single Canadian men.
- **Singles still believe.** An overwhelming 76 per cent of Canadian singles believe in soul mates.

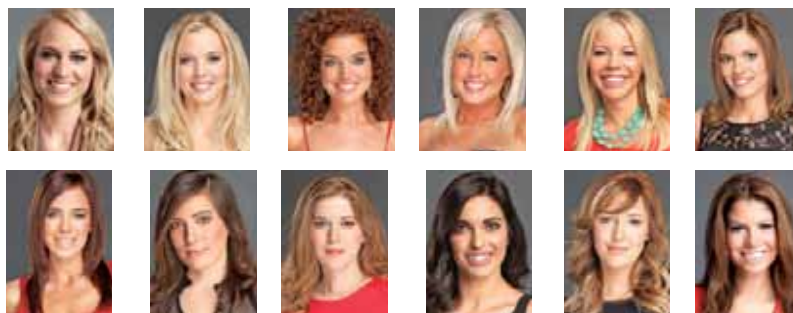


And in America...



The next U.S. Bachelor is Sean Lowe, a former Kansas State linebacker. HANDOUT

ABC says the next star of The Bachelor will be Sean Lowe, who was dumped on The Bachelorette. The network says the 28-year-old Dallas businessman will be the one doing the choosing when The Bachelor returns for its 17th edition. On the eighth edition of The Bachelorette, Lowe confessed his love for Emily Maynard but was eliminated just before the finale. ABC says Lowe is ready to look for love again. The 6-foot-3 Texan was a linebacker for Kansas State and worked in finance and insurance before starting a custom furniture business. The Bachelor returns in January.



Looking for love.

Former CFL player Brad Smith just wants to find the right woman — with whom he can build a life

PHYLICIA TORREVILLAS
Metro Vancouver

Brad Smith doesn't care if you hate on him for choosing to search for love in a different way.

The former CFL wide receiver-turned-first Bachelor Canada just wants to find someone to start his life with.

"When you go in and see 25 girls, you're not looking to love all 25," Smith said Wednesday.

"You're just looking for that one who's going to be with you until the end and that's all that matters."

"You just have to be in the best situation to know yourself and what works for you so you can find that person," he added.

"If she's not there, then don't pick anybody."

The show hasn't even started yet, but the 28-year-old already has his fair share of haters and critics.

"I don't care (about) being made fun of or chirped," he said.

"I understand that comes with the ground. People are just naturally not going to like the fact that you've chosen to do this because they don't believe in it."

But he adds that there are twice as many who are totally behind him in his quest for love on a reality TV

Quoted

"When you go in and see 25 girls, you're not looking to love all 25. You're just looking for that one who's going to be with you until the end and that's all that matters."

Canada's Bachelor Brad Smith, former CFL wide receiver for the Edmonton Eskimos

show, including his family (his dad is former CFL commissioner and senator Larry Smith) and his CFL buddies.

"I've got almost half of the Edmonton Eskimos team that are going to go my buddy's house to watch it every Wednesday night just because they're so excited," he said.

"They can make fun all they want, but they'll be there to support you. That's what boys are for."

The show won't be without the usual hot tub moments and kissing sessions, and Smith admits it'll be an "intensely awkward situation" for his parents to watch.

"But they understand that it's part of the process and they're cool with it," he said.



Details

- **The Bachelor Canada.** Premieres Wednesday, Oct. 3 at 9 p.m. EST/PT on Citytv. (Following the premiere, the series moves to its regular time slot Wednesdays at 9:30 p.m. EST/PST, beginning October 10.

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Andre Braugher returns to TV on the Last Resort. HANDOUT

New television show

Where can you find it and when does the show kickoff?

- **New series.** The Last Resort premieres tonight on Global TV.
- **Good reception.** While

a show can hardly be considered a hit before it has even aired, the early reviews of it have been strong. But Braugher and the cast are resisting celebrating before they see the ratings.

Homicide star returning to television with Last Resort

Military thriller. A rogue submarine captain finds himself on the run from the U.S. army after a major missile incident

NED
EHRBAR
Metro World News

Veteran actor Andre Braugher returns to TV with Last Resort, an intriguing military thriller about a submarine captain who questions an order to launch nuclear missiles at Pakistan — only to have his sub fired upon by his own country. Braugher's Capt. Chaplin and crew seek refuge on an island in French Polynesia, making a stand against the country they used to fight for.

Toward the end of the first episode, Scott Speedman's character compliments your character for delivering a message with "just the right amount of crazy." What is the right amount of crazy?

You know, I don't think he's crazy, but he's in grief, and grieving people do crazy things. He's lost a wife, we learn that he's lost a son. He's lost everything he thought he was because he wasn't willing to kill potentially innocent people. And now he's a traitor. And he's grieving and he's betrayed. Part of it is a game and part of it is true. Part of it is a mask and part of it is truth, you know? So I don't know. I don't know from moment to moment exactly how crazy he is. I know that there's a wily trickster aspect to Chaplin. It's like a Jenga game. He's the kind of guy who knows which blocks to pull in order to either maintain or collapse. Crazy? Maybe, I don't know.

What made you want to come onboard with this show and play this character?

He's a complicated man who wants to do things in the right way — and not because he's persnickety but because there are lives at stake. One of things that's most important to the show-runners as well as to me is that these are not

some closet peaceniks who decided, 'Well, now that we have a shoot order, we're going to disobey it.' If this order had come through the right way, they would've launched the missiles without delay. I was intrigued by his desire to do things right and to be judged credibly by history rather than be the guy who killed a million people because he didn't have enough balls to ask the right questions.

The premise puts your character in a pretty high-pressure, precarious situation. How will the show sustain itself for an entire season like that?

Well, there's the enemy without and the enemy within. I don't know from which episode to which episode it will be. Our human nature is going to exert itself, and how we're going to reorganize ourselves — I don't know who's going to live and who's going to die. Sam (played by Speedman) and I are eventually going to be at odds because we're thinking

differently about the world. It's difficult to live with a man who has nothing to lose because the potential for him giving shocking orders rises because there's nobody on the other end.

Have you given any thought to putting down roots in Hawaii, where the show shoots?

We're definitely not putting down roots. I mean, I've got one boy in high school and one boy in grade school, and so my wife is holding down the fort in New Jersey. And until this is definitively a smash hit, nobody's moving. That's just the way it is. Ideally, this is going to be an eight-month gig this year in doing the 22 episodes, but as it stands right now it's basically just one 5,000-mile commute.

So now it's the week of the show's premiere. What's this week like for you?

I'm hoping for an enthusiastic response, but like any nervous parent, I'm waiting for the event.

Other new shows you don't want to miss

AMBER
M RAY
Metro World News

What else is on TV that may pique your interest this fall? Add these shows to your regular rotation of viewing if you're looking for something new.

Elementary

Jonny Lee Miller is Sherlock and Lucy Liu Watson in this update on Sir Arthur Conan

Doyle's famous detective. **Premieres tonight at 10 on Global**

Beauty and the Beast

This is less Disney and more monster soap opera of the '80s.

The CW version is considered a reboot of the Beauty and the Beast fairy tale starring Linda Hamilton and Ron Perlman, with Kristin Kreuk and Jay Ryan playing modern takes

on the Catherine and Vincent characters.

Kreuk is an NYPD detective who has crossed paths with Ryan's mysterious doctor in the past — in his "creature" state, he once saved her life.

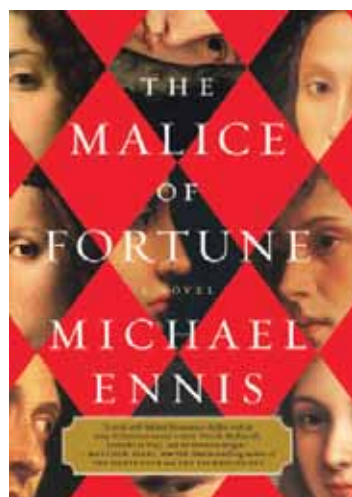
She reconnects with him, even though he was reportedly killed by enemy fire while serving in Afghanistan

Premieres Oct. 11, 9 p.m., Showcase



Lucy Liu Watson stars in Elementary, a new show that airs on Global.

HANDOUT



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— Kirkus (starred review)

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Harmonic convergence at a new Crossroads

Country music meets folk-rock resurgence.

Emmylou Harris, Mumford & Sons make sweet music on popular TV show

Emmylou Harris loves Mumford & Sons for a special reason.

"They're making the banjo respectable, which is not an easy feat, and I'm so glad it's finally happening," Harris joked.

Harris, an iconic singer and member of the Country Music Hall of Fame, and Mumford & Sons, platinum-selling lads from London who have sparked a folk-rock resurgence, are joining together to explore their shared love of high harmony, sad songs and, yes, the oft-belittled banjo on an episode of CMT Crossroads on Thursday night.

The Nashville-based Harris had only briefly met lead singer Marcus Mumford before agreeing to do the show based on the waves they cre-



CMT Crossroads stars Mumford & Sons, Country Winston Marshall, Ben Lovett, Marcus Mumford and Ted Dwane with Emmylou Harris. RICK DIAMOND/GETTY IMAGES

ated in the music world.

They co-ordinated song choices by phone and got together to rehearse for a little more than a day before recording the show earlier this month.

It was a crash course in catalogue consumption and the chance to get to know each other.

"They're great harmony (singers) and they've got this great driving groove with a minimalist instrumentation," Harris said. "But they just

sound good and the songs have beautiful melodies and I love harmonizing on them."

She said it proves her theory that music is going to keep reinventing itself in good ways.

"You don't have to repeat the past. We learn from the past, but we have to come forward with something different and there are just so many different combinations to make good music that touches people," she said.

THE ASSOCIATED PRESS

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- The Guardian

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Five facts on J.K. Rowling's new book

The Casual Vacancy. British author's first foray into adult fiction is expected to top the best-sellers list, despite her uncertainty



NED EHRBAR
Metro World News in Hollywood

Today marks the release of J.K. Rowling's *The Casual Vacancy*, her first book since the mega success of the Harry Potter franchise and her first foray into adult fiction. But details on the novel have been maddeningly hard to come by. Here's what we do know:

1. The plot is sprawling — and centres around death and politics

From what little information about the actual content of *The Casual Vacancy* that has been released, we know the story kicks off with the death of one Barry Fairbrother, a town council member in a seemingly perfect English village that's actually brimming with resentment and discord. The resulting election drama deals in class warfare, prostitution, heroin addiction and scandal — very un-Potter-like themes.

2. Hardly anyone has read it.

As interviewer Decca Aitkenhead notes in her profile of Rowling for the *Guardian*, even the novel's publishers hadn't been allowed to read it at the time of her interview — and

Aitkenhead had to sign a raft of nondisclosure forms just to get her hands on it.

3. She's not worried about bad reviews.

"I just needed to write this book. I like it a lot, I'm proud of it, and that counts for me,"

Quoted

"...If everyone says, 'Well, that's shockingly bad — back to wizards with you,' then obviously I won't be throwing a party. But I will live."

J.K. Rowling

Rowling tells the *Guardian*. But still: "The worst that can happen is that everyone says, 'Well, that was dreadful, she should have stuck to writing for kids,' and I can take that. SO, yeah. I'll put it out there, and if everyone says, 'Well, that's shockingly bad — back to wizards with you,' then obviously I won't be throwing a party. But I will live."

4. She doesn't look back on her teen years fondly.

Despite making a fortune chronicling a fantastical adolescence, Rowling didn't quite enjoy her youth — spent in an area very much like the fictitious town featured in *The Casual Vacancy*. In fact, she based the troubled teens featured in the novel on her own experiences and friends. "This



J.K. Rowling ventures into adult themes like warfare, prostitution, heroin addiction and scandal in her new book. DEBRA HURFORD BROWN.



was very much me vividly remembering what it was like to be a teenager, and it wasn't a particularly happy time in my life," she tells the *Guardian*. "In fact, you couldn't give me anything to make me go back to being a teenager. Never. No, I hated it."

5. Shockingly, it's expected to sell well.

Before its release, *The Casual Vacancy* spent more than 80 days in the top 100 of Amazon.com's sales ranks, hovering near the top as this week drew closer, and the book has already received more than 1 million pre-orders in the U.K. British bookseller Waterstones expects *The Casual Vacancy* to be "the best-selling fiction title this year."

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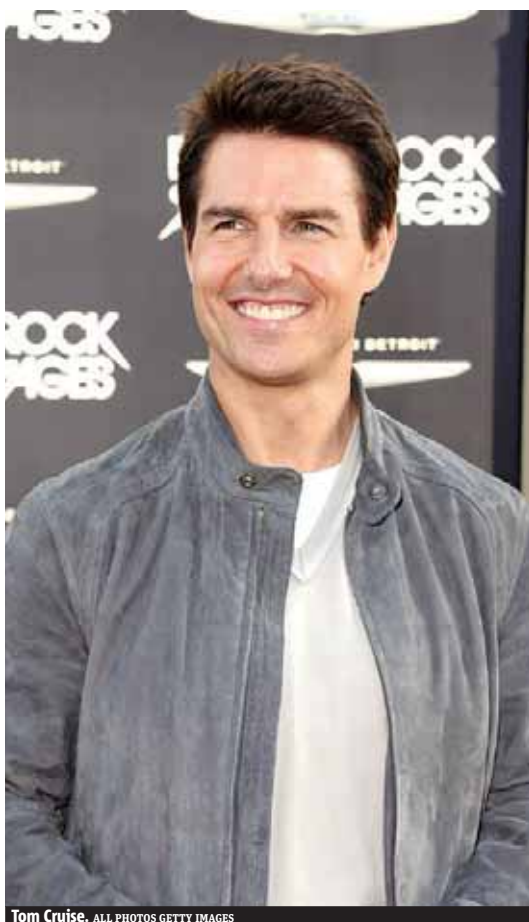
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Tom Cruise. ALL PHOTOS GETTY IMAGES

Tom Cruise struggling with divorce

Tom Cruise is reportedly struggling with the stress of a busy work schedule that's keeping him in London and his daughter, Suri, living with soon-to-be ex-wife Katie Holmes in New York.

"I've got to see her," an emotional Cruise reportedly told a friend recently, according to People magazine. "I miss her."

Cruise last spent time with his 6-year-old daughter on August 5, and a mid-September trip to London for the girl was reportedly called off.

Still, despite the struggle

Quote

"I've got to see her. I miss her."

Tom Cruise
Talking about his daughter.

for face-time, the actor is still keeping his daughter as a priority.

"I can tell you that I haven't had a meeting with Tom that was not interrupted by a phone call with his daughter," his friend, screenwriter Christopher McQuarrie said.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Reality television plots not real; sky still blue



THE WORD
Dorothy Robinson
scene@metronews.ca

The new issue of Us Weekly has a very entertaining cover story on how Bachelorette stars Emily Maynard and Jef Holm are faking their engagement.

I know, I know, it's hard to believe that two fame junkies pretended to be together on a rigged reality TV show to gain attention, but stay with me here.

Apparently, Holm's former girlfriend and current hook-up buddy (whom he was dating when he went on The Bachelorette) went

into tell-all mode to Us Weekly.

The ex, Kaylee Shepherd, says that Holm revealed to her that he and Maynard are faking it. In August, a texting scandal hit — Maynard was caught sexting with another man, which Us Weekly, the Woodward and Bernstein of tabloids, uncovered.

Maynard, desperate to preserve her good girl image, hatched a plan to pay off Holm with half of her Bachelorette money.

"Jef said their relationship isn't what it seems. It's all basically for TV," Shepherd tells Us.

It's all basically for TV?

You don't say. Next thing you know, you'll be telling me some actors and actresses get plastic surgery and take too many prescription drugs in order to fill the dark void that being famous created. Stop ruining my happy place, Us Weekly.



Robert Pattinson and Kristen Stewart

Pattinson moving back in with Stewart

It looks like the reconciliation between Kristen Stewart and Robert Pattinson is complete, as Pattinson has reportedly moved back into the Los Angeles home they share, according to Us Weekly.

"They are living together and have reconciled," a

source says, explaining that the pair recently "had a dramatic make-up."

But their relationship may still be on shaky ground in the wake of Stewart's cheating scandal, as the source says Pattinson "is extra-sensitive now. He's insecure."

Twitter



@kerrywashington

I met a very cute lizard today that needs a name. Suggestions?



@chelseahandler

I'm done with juice cleanses. I'm ditching gluten and dairy because apparently, I'm allergic to all things that give pleasure



@SethMacFarlane

Hey 30-year-old skating to work on a longboard: the world is sadder than you seem to realize. We had a 9/11 and everything.



@Joan_Rivers

Hillary Clinton is furious that Monica Lewinsky will earn millions for a book about sex with Bill because she's had to do it for free.

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3
LIFE

On the web



Qriket

Stars put their spin on
LA style and make it
look livable

Mamma mia, Milan!

Drawing inspiration from Art Nouveau, vintage cinema, the streets of Sicily and the '60s, designers who debuted their wears at Milan Fashion Week made us pine for a sparkling spring to come

TAMU MCPHERSON
life@metronews.ca

Moschino

For SS13, Moschino's Rossella Jardini drew inspiration from a patchwork of two films, namely *Casino* and *Two for the Road*. The result: everything went minimal from geometric lines to strong graphic elements. For colour, the brand references its iconic black-and-white combo and for brights pays homage to the colourful textiles of Ken Scott, a textile designer who lived in Italy for many years. There was a nod to the '60s too, with dress coats, cutout dresses, cropped trouser suits, trompe l'oeil shirt dresses, and bold stripes.

Roberto Cavalli

Roberto Cavalli's strong references to swirly Art Nouveau prints could be read as a homage to female beauty. The impressive all-white opening — which included a short sleeve crocodile jacket, embroidered lace tunic, draped fringe pants, a crisply tailored jacket and trousers — was the perfect primer for the decadently intricate collection that followed. The silhouettes were sophisticated, clean, elongated, flowy and, as is customary with Cavalli, tastefully racy.



Dolce & Gabbana

Have you ever been to Taormina in Sicily? No? Well, let Dolce & Gabbana take you there with their fun and colourful Spring 2013 collection. The duo took the audience from the Sicilian street theaters: wheelbarrows, elaborate wheels and Caltagirone ceramic heads to sun-drenched beaches with trendy beach umbrella and sunbed-style stripe pieces arriving in organza, rough, printed cotton, gold brocade and even Sicilian basket-esque raffia skirts and bustiers.



Versace

Donatella Versace showed a collection of strong tailoring and lingerie dressing in a colour palette of black, orange, blue, turquoise and nude. Classic menswear-inspired blazers were softened to a relaxed fit and adorned with lace inserts and cutouts. Slip dresses in crushed silk or tie-dye came slashed and held together with crisscross lacing, which also appeared on ultra-cool skinny trousers. For evening, sweeping chiffon gowns embellished with silver and gold fringing will surely sizzle on the red carpets.



Giorgio Armani

Luminous and optimistic: the opening silk pearl-grey looks, all shown with trousers (wide and straight leg), arrived as a cloud's metaphorical silver lining. White shorts styled with soft-fitted jackets are unexpected but are nevertheless a special touch to this dressy collection. However, it was the evening wear that was gushingly beautiful with sparkly sequin beaded palazzo pants, shifts, jumpsuits, long-skirts, suits and dresses, to name but a few.



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The Kit

Canadian street style

Spotted in: Halifax

Lisa Drader-Murphy

Fashion designer, founder of Turbine Fashion Design Studio and turbine.ca

Age: 42

What she's wearing

Vest, Indian silk tunic, belt, bag and leggings by Turbine, Boots by Vero Gamma

Her inspiration

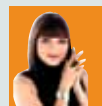
"I dress for all of the roles I play over the course of one day, so comfort and versatility are key."

THE KIT PHOTOBLOGGER: MEGHAN TANSEY WHITTON, FASHIONEASTHALIFAX.COM

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IN THIS HECTIC MODERN WORLD, TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND, AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.

@Jeanne_Beker: Does fashion move you forward or hold you back? Would like to hear how it propels you, or how it paralyzes you.

@mechanikdesign
forward and back are relative

@Jeanne_Beker
Smart....Very smart. Whoever thought fashion could inspire such heady notions! :)

@KatieChutzpah
Propels. It stretches imagination & creativity. Only the dull or unimaginative don't self express with it & treat as a burden.

@Jeanne_Beker
Agreed! But there are times we all get stuck, no?

@KatieChutzpah
Not really. Only have to pick up @BritishVogue or @vogue_italia or go on @styledotcom for inspiration.

@SandolaCo
I think it propels you. It changes how you feel & look, pushes you to experiment styles you thought you'd never try wearing!

@Jeanne_Beker
At its best, yes. True. But I still do continually see people getting hung up on it.



@Jeanne_Beker: OMG! Just ran into the CBC producer who gave me my 1st job in radio in St. John's Nfld in '75



@Jeanne_Beker: Getting my Bberry "outfitted" @skinkits

Stars slip into perfect pair, Stuart style

Feet of the famous.
Guru of shoe Stuart Weitzman pairs with big names to design lavish loafers for cause

When you are a hot young starlet in Hollywood, you often

get what you want. For Nikki Reed, that meant goose-bump calfskin, and for Chloe Grace Moretz, it was a menswear-inspired design. They are two of the celebrities to work with footwear designer Stuart Weitzman to craft shoes to their specs to help raise



money for ovarian cancer research. Weitzman has a long history of working with stars, and he finds many of them to be "frustrated fashion designers." "I t

surprise me when they make requests or have ideas. They have a desire to create what they wear and what they look like," said Weitzman. "It would be surprising to me if they didn't want to have more input and try design." The Young



Hollywood Cares collection was co-designed this year by Moretz, Reed, Brooklyn Decker, Julianne Hough and AnnaSophia Robb. Weitzman recalled Moretz's inspiration: "She told me as a kid, she would wear her father's

wingtips and oxfords. ... And she wanted to make a shoe like her dad's that was sexy, high and wearable." Other styles include Decker's gold metallic cap-toe black multistrap ankle boots, and Robb's black pony-hair stiletto pumps with burgundy satin piping.

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SPECIAL INFORMATION FEATURE

Norm!

Oktoberfest. George Wendt, a.k.a. barstool sage from Cheers, talks with Metro beer columnist



JEFF
O'REILLY
For Metro

I recently had the pleasure of interviewing one of the world's most likable and recognizable beer drinkers in preparation for his upcoming visit as guest of honour at this weekend's Oktoberfest Ottawa.

George Wendt, a.k.a. Norm from Cheers, will be "officially" tapping the keg Friday at 6 p.m. and Saturday at noon before talking about beer, drinking beer and posing for pictures while drinking beer with festival goers.

Here are a few snippets from our phone conversation:

Jeff O'Reilly: Did you ever imagine that beer would be such a big part of your life and what you are known to do?

George Wendt: (laughing) It's pretty amazing. You know it's such a natural fit for my personal preference of beverage and everything (chuckles), but, yeah, I've been really lucky in that regard.

JO: When we look at some of the characters you've done over the years that go hand in hand with the everyman beer drinker, maybe you could tell me a little bit about them — like (Saturday Night Live) superfan Bob Swerski.

GW: (laughs) Much like the character of Norm from Cheers, when they called me in I had a hard time believing that I'd just be a guy who wanted to drink beer and eat polish sausage and ribs ... and drink beer and be a fan of the Bears and the Bulls. I don't know what kind of karma got me to that situation, I'm

sure in my next life I'll be a fungus on a piece of cow plop or something because I don't deserve this kind of good fortune.

JO: With Norm, was that character based on someone, or "Oh my God, I get to play myself?" and can you speak about the success and longevity of Cheers success?

GW: It was pretty much myself. You know, the writers create that, but they only kind of create that one show at a time in a way. So at first it was just (laughs) me walking into a bar and I think the first line was (Coach) "What's happening?" and me replying "Not enough" or something like that and it wasn't particularly jokey or anything. So it wasn't really based on anyone — it was just me saying the words and it turns out the words were, you know, wonderful. We had tremendous writers in the Charles brothers (Glen and Les) and James Burrows. Creating a hit sitcom is alchemy — there are so many variables. Those writers have tried other shows and it hasn't worked and the cast members have tried other shows and they haven't worked as well. Believe me, if anyone actually knew how to do it — for real — they would do it all day long and they'd never stop doing it. It's so lucrative and so satisfying. But it's inexplicable — it's like lightning in a bottle.

JO: Could tell me about your first beer, and maybe the first time you got excited about beer?

GW: My first beer was sips from my grandfather's cans of Budweiser. I thought it was great right from the very beginning and I just loved it. If I ran and fetched a beer for



George Wendt, left, will be at Oktoberfest Ottawa Friday and Saturday. CONTRIBUTED

my grandfather he would let me have a sip, and so I loved it and loved him and so that was my introduction to beer. Later on as teenagers we were experimenting and trying to be all grown up, and then one day a friend of mine told me about this bar where he thought we could get served. We were still underage, about 19 or 18 or something, and there was this place called the Import Tap on the south side of Chicago not too far where we grew up, and I had a Würzburger Hofbräu on tap at this place and it was just a whole new world. It was so great and that was my real "Aha!" moment.

JO: When you were writing your book Drinking With George: A Barstool Professional's Guide To Beer did you learn anything interesting or did anything surprise that you didn't know about beer before?

GW: Well I learned a lot about it just from the research, but what I've learned since that book came out is how little I knew, especially with the explosion of craft breweries since then. I mean I say things in that book like Pilsner Urquell is the best beer, it's my go-to best beer, and I still think it's great, but for some reason I never buy it anymore. It might be because of the conglomerates — the vertical integration of all the breweries. There's like five breweries in all of the world in terms of the macro breweries — it's nutty. Perhaps the Pilsner Urquell that we get in the States is not quite the product I was used to, or maybe it's the explosion of craft brews that has altered my tastes.

JO: Norm always had the best lines on Cheers. Do you have any favourites?

GW: (laughs) Well, the most popular by consensus and from what people tell me is the ... "It's a dog eat dog world and I'm wearing Milk-bone underwear," but other than that one, there's a lot of great ones, like "Beer, Norm?" "Sure Coach — but stop me at one (glances at watch) make that one thirty," (chuckling), or "What's shaking Normie?" "All four cheeks and a couple of chins."

Why rub elbows with someone famous when you can bend elbows with someone famous instead. Drop by Oktoberfest Ottawa and have a HogsBack beer with a legend. Cheers George!

The second annual Oktoberfest Ottawa will be held at Clarke Fields Park (93 Houlahan St. at Old Strandherd Drive in Barrhaven). For more information, visit OktoberfestOttawa.com.

Great food, anyway you slice it

Bread and Sons Bakery has become the go-to lunch spot for this writer. Lines can spill onto the street when a midday bite is needed, but the smell of baking bread is the greatest invitation to dine.

With the owner's finely flour-dusted record collection, there is a rocking mix of vinyl from Tom Waits to Elvis Costello getting customers grooving as they decide between a piled-high smoked tempeh sandwich with chipotle mayo, or a flakey butter chocolate croissant of which Parisians would approve.

The gourmet thin-crust pizza is the main attraction with about a dozen varieties to choose from for about \$4 for a huge slice. The slices may at first seem simple, with only one or two main toppings, like roasted red peppers with Parmesan and flecks of basil or spinach, and red onion with a light splash of olive oil and sea salt.

The sweet potato is a great change from your standard pepperoni, with the potato discs not too thick, crispy on the outside and a soft bite towards the middle. Not overloaded with cheese, the toppings stand alone. Entire cloves of garlic are roasted, but present a mild flavour to accompany the other veggie toppings.

Besides, in Italian cooking, simple is the best way to utilize quality ingredients.

Bread and Sons Bakery is located at 159 Bank St. For more, see Breadandsons.ca.

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Karma Cravings honours pets

SAMANTHA EVERTS
For Metro

They say do what you love and owners of Karma Cravings have turned their passion for food and furry friends into a business that donates 50 per cent of proceeds to the SPCA of western Quebec.

"We've all had wonderful pets," said Shelley Callaghan, "I wondered what more we can do to honour (them)."

Founders Craig and Shelley Callaghan wanted to provide a legacy for pets (both past and present) in the most delicious form with the help of chef Jason Potvin. The four-legged folks will be just as excited to smell the dry rub marinades that use coffee and cocoas or classic barbecue sauce.

With each product comes

a short biography on the animal that inspired the product, like Dublin, the quirky orange farm cat represented in the Twisted Green Herb mustard that has wasabi and fresh herbs.

Launched at Taste of Wellington West mid-September, the reaction "has been great," Callaghan said.

The most popular products have been the Blonde Brothers lemon grass ginger mustard dipping sauce. Callaghan recommends using with seafood or puff pastry appetizers.

The second most popular is the "Friggin' Hot Sauce," that has its own "Poodler" system to indicate hotness.

Dog treats are also being cooked up by Karma Cravings.

For more information, see Karmacravings.com.



Dublin the orange farm cat. SAMANTHA EVERTS/FOR METRO

Wine. Get in tune with Thanksgiving



SEASONAL SIPS
Allyson Bycraft
For Metro

Beethoven Festival, Sept. 27 to Oct. 4:

Toast the musical genius with something from his native country, like the Markus Molitor Riesling QbA 2010 (\$18.95, LCBO #295956) from the Mosel region of Germany.

Riesling is Germany's signature grape, and wines from Mosel are known for their pronounced minerality from the slate soils found there. The QbA designation indicates the entry level in Germany's quality hierarchy, but Markus Molitor is a



renowned producer so you can expect much more from this medium-dry white. Available at Vintages Saturday.

Thanksgiving, Oct. 8:

Pinot Noir is often thought of as the "go-to" red for turkey dinner. This year, for a change, try the La Giraudiere Clos des Meuniers Saumur-Champigny 2011 (\$16.95, LCBO #290122) from the Loire Valley in France.

This part of France — along with Chinon and Bourgueil makes a specialty of (usually) medium-bodied wines made from the Cabernet Franc grape. Red fruit and earthy notes make it a good match for turkey with all the fixin's.

And it's a great price if you are feeding a large group. Available at Vintages Saturday.

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Pair these with your turkey dinner



IF I HAD \$100...
TO SPEND
AT VINTAGES



JULIE STOCK
For Metro

With Thanksgiving weekend quickly approaching here is my shopping list of recently released wines at Vintages. And I have included three "must try" Ontario wines that are featured in the People are Talking promo.

Tawse Sketches of Niagara Rosé VQA 2011, Ontario (LCBO #172643, \$15.95)

A blend of Cabernet Franc, Pinot Noir and Gamay making a delightful red wine.

Closson Chase Vineyard Chardonnay VQA 2009, Ontario (LCBO #148866, \$29.95)

A elegant buttery white wine with aromas and tastes of peaches and pears.

Dog Point Vineyard Sauvignon Blanc 2011, New Zealand (LCBO #677450, \$21.95)

A refreshingly citrusy, dry

and crisp white wine.

G. Marquis The Silver Line Pinot Noir VQA 2010, Ontario (LCBO #258673, \$19.95)

Dark plum, cherry flavours, a great red wine if your Thanksgiving feast includes roast duck.

Bouchard Aine & Fils Beaujolais Superieur 2010, France (LCBO #9431, \$11.95)

A crowd pleaser for any Thanksgiving feast — medium-bodied red wine with red cherry flavours. **GRAND TOTAL: \$99.75**

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Lemon Cornmeal Cookies: Pleasant change from traditional sweetness

Lemon Cornmeal Cookies



This recipe makes about 84 cookies. EDWARD POND

"These rustic cornmeal S-shaped cookies are a delicious change of pace from traditional sweet cookies," write the The Canadian Living Test Kitchen chefs in 150 Essential Whole Grains. "The cornmeal gives them a pleasant crunch that goes well with a cup of tea. Dust them with icing sugar, if desired."

Ingredients

- 1 1/3 cups all-purpose flour
- 1 1/3 cups fine stone-ground cornmeal
- 1 cup cold butter, cubed
- 3 egg yolks
- 1 cup packed brown sugar
- 1 tsp vanilla
- 1 tsp grated lemon zest

1. In large bowl, whisk flour with cornmeal; using pastry blender or 2 knives, cut in butter until crumbly.

2. Beat together egg yolks, brown sugar and vanilla until thickened, about 5 minutes. Scrape over flour mixture. Add lemon zest; beat at medium speed just until blended. (Dough will be stiff.)

3. On work surface and working with 1/4 cup batter at a time, roll and shape into 15-inch (38 cm) long ropes. Cut into 3-inch (8 cm) lengths; bend into S shapes. Place, 1 inch (2.5 cm) apart, on parchment paper-lined rimless baking sheets. Refrigerate for 30 minutes.

4. Bake in top and bottom thirds of 375 F (190 C) oven, rotating and switching pans halfway through, until golden, 10 to 12 minutes.

5. Let cool on pans on racks for 3 minutes. Transfer cookies to racks; let cool. (Make-ahead: Layer between waxed paper in airtight container and store for up to 4 days or freeze for up to 1 month.)

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Cookbook of the Week

Decoding ultra healthy foods



With Canadian Living's 150 Essential Whole Grain Recipes, incorporating superfoods into your everyday menus is easy.

The book clears up the mystery of cooking with grains and offers recipes that make the most of these nutritional powerhouses.

Each of the six informative chapters of this full-colour book focuses on a whole grain group. Chapters include: Whole Grain Basics, Wheat, Spelt and Kamut; Brown Rice and Wild Rice, Buckwheat and Rye, Quinoa, Corn and Millet; and Barley and Oats.

Tucked into each chapter are helpful sidebars profiling specific grains as well as expert cooking advice. METRO

Tangy. Wheat Berry, Corn and Red Pepper Salad

Ingredients

- 1 cup soft wheat berries
- 1 cup frozen corn kernels
- 1 sweet red pepper, diced
- 4 green onions, sliced
- 5 leaves fresh basil, finely shredded
- Smoked Paprika

Vinaigrette

- 3 tbsp white wine vinegar
- 1 clove garlic, minced
- 1 tsp Dijon mustard
- 1/2 tsp smoked paprika
- 1/4 tsp each salt and pepper
- 3 tbsp vegetable oil

"A tangy spiced vinaigrette gives this salad a touch of smokiness that complements the sweet corn and red pepper," write the The Canadian Living Test Kitchen chefs in 150 Essential Whole Grains. "Serve it with your favourite grilled or roasted pork dish."

1. Smoked Paprika Vinaigrette:

In large bowl, whisk together vinegar, garlic, mustard, paprika, salt and pepper; gradually whisk in oil. Set aside.

2. In saucepan of boiling salted water, cook wheat berries until tender, about 1 hour. Add corn; cook for 30 seconds. Drain and rinse under cold water; drain again and add to vinaigrette.



This recipe serves eight. YVONNE DUIVENVOORDEN

3. Add red pepper, green onions and basil; toss to combine. Cover and refrigerate for 1 hour. (Make-ahead: Refrigerate for up to 24 hours.)

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BEER BARRELS FULL OF FUN

CELEBRATE OKTOBERFEST IN OTTAWA WITH A PAIR OF FESTIVALS THIS WEEKEND

If you're celebrating Oktoberfest in Ottawa this weekend, you have a choice of where to park your lederhosen.

Oktoberfest Ottawa (\$19 day ticket, two for one) celebrates its second year as a weekend party at its new home in Barrhaven's Clarke Fields Park. Beau's Oktoberfest (\$18 day ticket, \$33 bus package) returns to Vankleek Hill's fairgrounds for the fourth year.

Both festivals began as smaller events and raise money for charity, with Oktoberfest Ottawa's proceeds going to the Kanata Sunrise Rotary Club and Beau's Oktoberfest this year supporting Operation Come Home, Just Food and the

Vankleek Hill Agricultural Society. Each also features locally brewed beers as star attractions.

Beau's All Natural Brewery is offering nine brews of its own creation — Lug-Tread Lagered Ale and Night-Märzen Oktoberfest Lager — and seven made specially for the festival — Weiss O' Lantern Pumpkinweiss, Vassar Heirloom Ale, Dark Helmüt Imperious Schwarzbier, Oktobock Bock, Koru Belgian Pale Ale, Zins Jo Kokot! Kotbusser, and a Gose called And Boom Gose the Dynamite.

Hogsback Brewery is charged with keeping whistles wet at Oktoberfest Ottawa, backing up its Vintage Lager with

three special brews — Wunder-Barrhaven Brown, Lederhoser Pumpkin Beer, and Wendt Weiss.

As for that last one, don't be surprised if toasts like "Prost!" are drowned out by cries of "Norm!" George Wendt, who played barstool sage Norm Peterson on the hit TV show Cheers, is this year's guest of honour.

Wendt, who presides over the keg-tapping Friday and then sticks around for photos and autographs, doesn't just play a beer-lover on TV. He also wrote a book, *Drinking With George: A Barstool Professional's Guide To Beer*, packed with anecdotes and beer lore.

Oktoberfest Ottawa organizer Darren Stevens joked that a better qualified celebrity beer aficionado would be hard to find, "other than trying to get Homer Simpson up here."

Beau's Oktoberfest offers an education for hops-heads with its Beer School programming.

"We've got brewers coming from around the world, we've got beer researchers, we've got beer-tasting experts, even sommeliers and cheesemongers," said Steve Beauchesne, co-founder of Beau's.

The temptation to sample all the beers may be considerable, so both Oktoberfests encourage their guests to leave the driving to them. Oktoberfest Ottawa shuttles festival-goers back and forth from the Barrhaven Centre transit station. Buses to Beau's Oktoberfest leave from the Perkins restaurant near St. Laurent Shopping Centre (1130 St. Laurent Blvd.), with an extra drop-off in Centretown on the way home.

— Steve Collins



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Oktoberfest beers so good you will find yourself dancing like the Maple Leaf Almrausch Schuhplattlers, performing Saturday at Beau's Oktoberfest.

JORDAN BAMFORTH/FOR METRO

BEER, BEER, BEER, BEER...

BEAUS, HOGSBACK BREWERIES READY TO BREW UP A STORM

A sure sign of fall is the return of one of the world's most celebrated and replicated drinking occasions — Oktoberfest. With silly hats, colourful costumes, celebrity guests, culinary delicacies, games and some pretty terrific live music as the backdrop, drinking beer in a field never seemed more appealing. Two of the region's breweries have been brewing up a storm to prepare for their coincid-

ing Oktoberfest events. Here's a look of some of what you will find "on tap" this weekend.

Hogsback Brewing Company will be hosting its event in "Wunder-Barrhaven" with guest of honour George Wendt (a.k.a. Norm from Cheers) tapping the first keg at the "new" location. The award-winning Hogsback Vintage Lager will, of course, be available, as well as

three newly named and brewed collaborations with the Ashton Brewing Company:

WUNDER-BARRHAVEN BROWN

Brewed in the tradition of Munich brown ales using Vienna and Munich malts to give it a malty chocolate flavour — Black Forest chocolate cake meets beer.

LEDERHOSER PUMPKIN ALE

A festive and seasonal favourite style yellow-orange hued brew with hints of cinnamon and nutmeg to get you into the spirit.

WENDT WEISS

A new Bavarian style kristall-weiss (clear filtered wheat beer) brewed with malted wheat and malted two-row barley named for guest of honour George Wendt — a man worthy to have a beer named after him if there ever was one.

With its famous Lug-tread Lagered Ale and seasonal Night•Märzen Oktoberfest Lager and a cask-conditioned beer lineup from more than 20 different Ontario brewers on site, there are plenty of brews to quench your thirst, but in typical Beau's All Natural Brewing fashion, it will allow each of the brewers to showcase their talents and present their own new recipes at this year's event.

Be sure to check out these seven new beers:

WEISS'O'LANTERN

A Hefeweizen brewed with pumpkin — effervescent and spicy with hints of orange peel, ginger, nutmeg and clove.

DARK HELMUT IMPERIOUS SCHWARZBIER

Beau's version of the blackest of black lagers is amped up to 7.3 per cent ABV. Never underestimate the power of the Schwarz.

WANT TO GO?

Beau's fourth annual Oktoberfest at the Vankleek Hill Fairgrounds, 92 Main St. W., Vankleek Hill. For more, go to beaus.ca/Oktoberfest.

The second annual Oktoberfest Ottawa Clarke Fields Park is at 93 Houlahan St. at Old Strandherd Drive, Barrhaven. For more, visit OktoberfestOttawa.com.

OKTOBOCK

This fall version of a Maibock is a seven per cent ABV pale Helles lager too delicious to be contained to one season alone.

KORU

A Belgian-style pale ale brewed with two different New Zealand hops promises spicy peppery notes with hints of tropical fruit.

ZINS JO KOKUT!

Another unusual and rare style — Kot-busser is a German-styled unfiltered white beer with oats, honey and molasses.

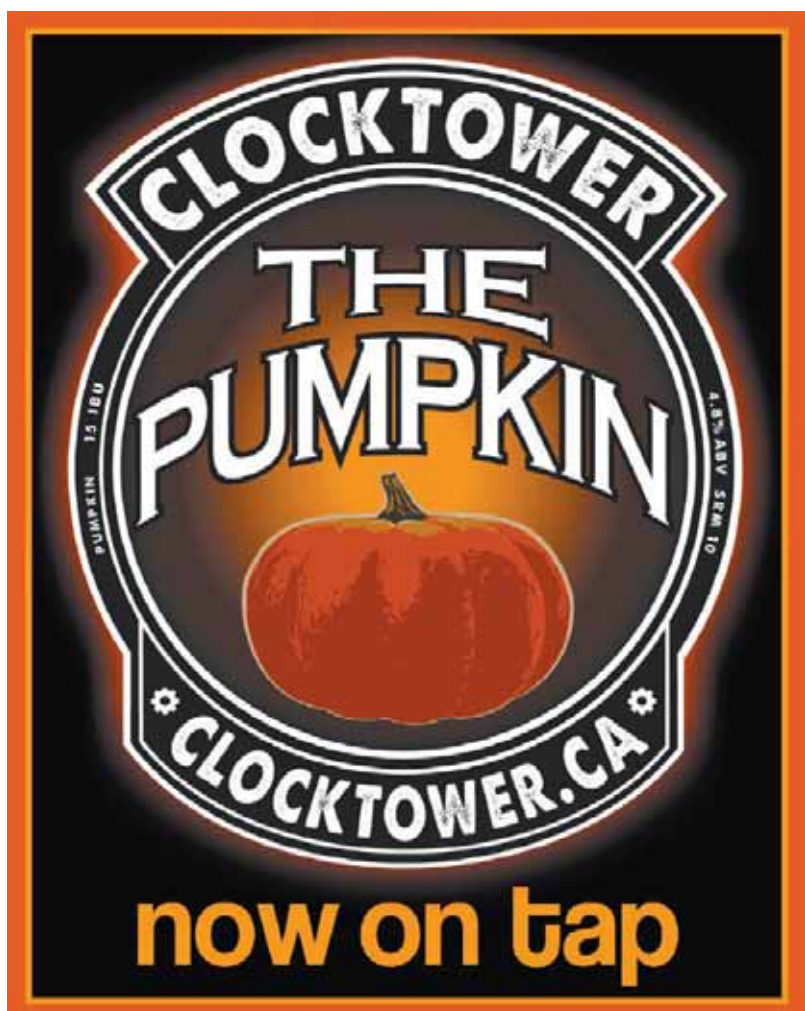
BOOM GOSE THE DYANAMITE

The Gose style has seen a recent resurgence in its homeland over the past 10 years. Sea salt and coriander have been added to this naturally sour beer to accurately match the end result in a tribute to the style.

VASSER HEIRLOOM ALE

Using a long-forgotten recipe found in the library of the Hudson Valley, N.Y., college that bears its name, Beau's is brewing a single malt and single hop unfiltered American pale ale using a historically accurate malt sourced from the area as well as a "cluster" hop that was prominent at the time to authentically recreate this lost beer from the early 1800s.

— Jeff O'Reilly





Oktoberfest Ottawa

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BIG RIG EVENTS MAKE OCTOBER FESTIVE

KITCHEN & BREWERY CREATES UNIQUE EXPERIENCES FOR THE LOVE OF BEER

Big things have been happening since the Big Rig Kitchen & Brewery first opened its doors last June.

It's a pretty big deal to get a big pub (260 seats inside and another 80 on the patio) up and running, as it is to get a craft brewery into full production mode, so when you are operating two business under one roof — hand in hand — and doing it well, there is a lot to be excited about. Now that their feet are wet and the training wheels are off, they can focus on bringing a little bit more fun to the table.

With six mainstay beers (Gold, Rideau Red, India Pale Ale, Byward Brown, Stud Stout and El Hefe Hefeweizen) and a traditional British inspired Extra Special Bitter already on tap, small batch one-

offs are also being brewed with plans to add two more seasonals to round out the roster.

Big Rig's namesake owner, Ottawa Senators defenceman Chris Phillips, is already growing hops on his farm and thoughts of adding barley down the road can't be too far behind. Creating a wonderfully unique local experience "for the love of beer" is the goal of everyone on the team at Big Rig.

Here are a couple you should definitely check out.

The Premier BrewMaster's Beer Dinner (Oct. 2 at 6 p.m.) allows brewmaster Lon Ladell to play host and showcase some of his brews expertly paired with a beautifully prepared four-course, six-plate meal. Learn about the principles of pairing beer with food in a whole new light. With Ladell presenting, you know you can expect this to be both entertaining and educational as his passion for what he does seemingly knows no bounds. New brews, brewery tours, special guests, gift packs, prizes and



CONTRIBUTED

surprises are all part of the fun. Tickets are on sale for \$100 each at the brew pub or online.

The Big Rig "Big Pig" Event (Oct. 22) looks to have all the makings of an annual fall classic. With Frontenac County's Seed To Sausage invited to roast whole pigs on a spit (a culinary highlight of the National Capital Craft Beer Festival), artisanal meat purveyor Michael McKenzie and crew are as like-minded in their approach to food as Ladell is to how he brews his beer. Fresh, local, and with uncompromising quality, and if a perfectly prepared pig roast isn't enough, Big Rig will also be launching its Spiced

Pumpkin Porter. From carefully selecting and hand-picking the perfect pumpkins at nearby Millers' Farm in Manotick, to the labour intensive process of readying, seasoning and spicing the pumpkins before roasting, and then finding the ultimate balance of the more than 20 ingredients that go into making Mrs. Ladell's favourite beer, it promises to be an event to remember.

Also, look for Big Rig at the Cask Days section of Beau's Oktoberfest and sample cask-conditioned versions of Ladell's fresh cascade whole-hopped IPA and special Chocolate-Covered-Cherry Milk Stout. Sounds amazing!

WANT TO GO?

The Big Rig Brewery & Kitchen is located at 2750A Iris St. (near Ikea). For more, go to bigrigbrew.com.



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www.HogsBack.ca

THE SOUNDS OF OKTOBERFEST

The sounds of Oktoberfest are as diverse as the beers on tap, with traditional German music during the day and amplifiers cranked at night for contemporary bands.

First, the traditional: Ottawa oompah band Schteev und die Lederhosers return to Oktoberfest Ottawa (4 p.m. Friday, noon Saturday and Sunday).

Before and after Friday's 6 p.m. keg tapping and again at 6 p.m. on Saturday, the dance troupe Maple Leaf Almrausch Schuhplattler will get the party going with traditional dances, complete with plenty of audience participation.

The Maple Leaf Almrausch dancers do double-duty at Beau's Oktoberfest Saturday, followed by Schuhplattlergruppe Alpenland on Sunday.

Beau's Oktoberfest in Vankleek Hill also tips its Alpine hat to tradition during the day-time with live music from the Harmonie Big Band (Friday and Saturday), the Alpenhorn Trio (Friday and Sunday).

Also on Sunday, Canada's polka king, Walter Ostanek, takes the stage. Beau's brewery co-founder Steve Beauchesne admits Ostanek plays some bigger crowds, like the massive Oktoberfest in Kitchen-Waterloo, "but we'd like to think this is his funnest!"

When the sun goes down at Oktoberfest, the volume goes up.

Friday night's bill at Oktoberfest Ottawa boasts The Incredibles Band, The BlackHeath Hounds, Julian Taylor Project and the Kingmakers. Saturday, it's Old Whiskey Road, The Bushpilots, The Riot Police, Bearshark, Good 2 Go and Rocket Rashed & the Fat City 8.

Several, festival spokesman Darren Stevens points out, played the festival last year through rain, hail and sleet.

"The fact that these guys had people up dancing outside of the tent was absolutely amazing, so with [forecasted] good weather, the place should be packed and really hopping," he said.



Montreal indie rockers Plants and Animals play Beau's Oktoberfest on Saturday night.

CONTRIBUTED

At Beau's Oktoberfest, catch Hollerado, Elliott Brood, Change of Heart and The Flaps on Friday and on Saturday, Plants and Animals, Ron Hawkins & The Do Good Assassins, Carolyn Mark and Terry Gillespie.

The music continues in Vankleek Hill

with official after parties at the Windsor Tavern (85 main Street), featuring live sets by Carolyn Mark and Adam Harden (11 p.m. - 2 a.m. Friday), and Ron Hawkins, The Peelers and The Hangers (9 p.m.-2 a.m. Saturday).

— Steve Collins



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Stay cosy and frugal this season

Warm trends for fall.

You don't have to be a Rockefeller to add a bit of autumn luxury to your home



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Let's welcome fall this week without the pressures of spending lavish amounts of money on decorating.

I'm not quite ready for the cold weather so we'll add a few affordable touches of warmth around the house to help take the fall chill off.

Sometimes it's the simple pleasures that can get us through these seasonal changes, so let's save some money, because next week, it's all about the luxurious trends for winter decorating ahead.



In the bath

Step out of the shower to a soft and cozy Plush Pile Bath Rug made of pure cotton. Over 25 colours to choose (Shore shown) assures a designer match in the bathroom. From \$45, RestorationHardware.com.

In the den

Treat your feet to a chunky footrest woven from recycled fabric remnants cover the Recycled Pouf. \$99, CB2.com.



The great outdoors

Create warmth outside on the terrace with a lightweight and portable Table-top Pedestal Propane Heater. Operates on a one-pound propane tank and has a commercial-grade stainless burner, \$130, Sears.ca.



At the bed

Reminiscent of a 1940s bed jacket, Barbara Barry's pale blue Crescent Moon Quilt is a luxurious quilted layering piece with a silk look that adds a touch of glamour to a hotel-inspired bedroom. \$200/queen, TheBay.com.

At the desk

Keep your beavies warm while working or computer surfing with Salton's Electrical Mug Warmer. A white and simple design that blends with the modern desktop accessories. \$16, HomeHardware.ca.



Hand-held carpet cleaners are a great alternative to using professionals. ISTOCK

Clean your own carpet like the pros



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

What is the best carpet stain remover that I can buy? I live on a farm, and having a professional come clean my carpet would be very expensive. I would like to do this on my own, I just don't know what to do.

Dear Carpet Cleaner, I personally do not believe in

general carpet-cleaning products. What often happens is that if you actually have the right cleaner for the right stain, the cleaned area becomes bright and the remaining carpet stays dirty. When a professional cleans your carpet, first they treat the stain, then they traditionally clean the entire carpet area. This is the secret to avoiding discoloration.

What I have tried is a small hand-held carpet cleaner and at first I was convinced I would hate it. Yet, I soon fell in love!

What I use most often is the suction part of the appliance as soon as the spill occurs, then get the excess liquid out very fast. This has worked a few miracles for me. With a few tougher stains with mud and dirt, I followed up with the cleaning formula and it worked like a charm. But be careful; you don't need to run out and buy the biggest, most expensive one. In fact a small hand held is all I think anyone has room for, and easy enough to use on furniture, and carpets. Good Luck!

Shower curtains

Down sides to using PVC



QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca

What's the eco-friendliest shower curtain?
Andrea of Ottawa

I'll tell you what's not: PVC or plastic number 3. If you have a shower curtain made from polyvinyl chloride (PVC), you should recycle it.

Polyvinyl chloride is known to off-gas hormone disrupting phthalates. Phthalates are used to soften plastics. You'll know PVC from other popular plastic products like food wrap, teething rings, pet toys and blister packaging. Remember that smell when you first opened the package? It's not unlike that "new car smell." What you smell is the release of volatile organic compounds (VOCs), phthalates and metals.

In fact, a study by the Centre for Health, Environment and Justice found that these chemicals are released into the air inside our homes, contributing to indoor air pollution. PVC shower curtains can release as many as 108 volatile



Ban PVC shower curtains from your home. ISTOCK

organic chemicals. Some of these chemicals are associated with developmental damage as well as damage to the liver and central nervous, respiratory, and reproductive systems. Not pretty.

Also, these chemicals are persistent. They were found in the air 28 days after a PVC shower curtain was unwrapped and hung! To prevent these chemicals from being released from PVC and ending up in our bodies and the environment it's best to choose an alternative.

Today, you can find shower curtains labelled

PVC-free at most home-design or department stores. These are made from a plastic called PEVA (polyethylene vinyl acetate) — made without the chlorine molecules. But it's still plastic.

A newer option on the market is a hemp shower curtain. But before you fork out the 90-plus dollars for this natural, biodegradable option, make sure your bathroom is well ventilated. While hemp shower curtains are naturally mildew and mould-resistant, they need to be left open and aired out to dry and laundered regularly.

Give your cluttered garage a tune-up



Whether your garage is slightly disheveled or looks more like a storage unit, the changeover to fall is an ideal time to give your parking pad a much-needed tune-up. THE ASSOCIATED PRESS/THE CONTAINER STORE

Untapped treasures.

Handy household items are probably buried in your garage somewhere, so clean it up and you'll avoid re-buying items and tripping on that sharp chainsaw

For many families, the end of summer means it's time to put away the inflatable kiddie pools, camping equipment and gardening tools for the season.

If you plan to shove this gear into arbitrary piles around the edge of the garage, you're not alone. But a messy garage is not just unsightly, it can cost you money.

People with cluttered garages tend to waste time searching for misplaced items and end up re-buying things they already own, says Erica Ecker, a professional organizer in New York City. They also risk injury. Garages often hold hedge trimmers, toxic chemicals and other dangerous items alongside children's scooters and bikes.

An overstuffed garage puts your vehicles at risk, too. When the car door can't swing open without hitting a wheelbarrow

or workbench, it gets dented and dinged.

Monica Ricci, a professional organizer who makes appearances on the HGTV show *Mission: Organization*, says that in many homes, garages are so filled with clutter they stop serving their main purpose.

Whether your garage is slightly disheveled or looks more like an overstuffed storage unit, now is an ideal time to give it a tune-up:

Prepare

Tackling a junk-filled garage is physically demanding. Ecker advises pacing yourself and setting a schedule in advance. Consider renting an outdoor storage container so your belongings aren't sitting in the driveway or in the house for a month while you finish re-organizing the garage.

Enlist help. If you can't afford a professional organizer, recruit relatives or offer to swap labour with a friend who is planning a similar household project.

An assistant can help you move heavy objects, keep you motivated and ask objective questions ("Do you really use that?"), says Ellen Kutner, who runs the company Simply Organized in Poughkeepsie, N.Y.

Empty and sort

Empty the contents of the garage out into the driveway and begin sorting it into piles, grouping like things together. Categories will vary by household, but you may start with Sporting Equipment, Tools, Hardware, Car Care, Lawn Care, Seasonal, Toys and Household Goods.

Purge

The next step — paring down your stuff — is the most important. First, toss anything broken or expired. Return borrowed items to their owners. If you own multiples of something, donate the duplicates or sell them. Analyze how often things get used. "Too often the garage can be like a time capsule," Ricci says. Are you storing camping equipment from when your college-age kids were Cub Scouts? Time to get rid of it.

Spruce up the space

While the garage is bare, give it a thorough cleaning. Kristin Long, who owns the company The Organizational Specialists, recommends adding durable floor tiles or a fresh coat of paint. Making the garage more visually appealing will inspire you to keep it tidy. While you're

at it, wipe down all the warm-weather gear that is going to get stashed for the next eight months.

Build upward

Look at what's left and figure out where it will live in the garage, placing the most frequently used stuff in the most accessible locations. Install shelving to add vertical storage and get things off the floor. Clear bins are best so you can see what's inside. Ecker recommends the ELFA system sold by The Container Store, saying it's easy to install and adjust. If you're feeling less ambitious, the snap-together plastic shelves sold at any big-box store work fine.

Label everything

Label containers using a Sharpie or other permanent method. Be sure to label the container, not the shelf, so when bins get moved, items are still put in the correct place, Long says.

Maintain

An organizing project is only as good as its upkeep. When you start to see clutter accumulating, it's time to do garage maintenance. If you buy something new, something else has to go.

THE ASSOCIATED PRESS



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Make your basement an inviting area

Untapped treasures. Subterranean spaces often get ignored in decor — jazz them up!

It's easy to find advice on decorating nearly every inch of your home.

Kitchens, living rooms, bedrooms, baths — even mudrooms and closets get attention. But the lowly basement gets short shrift.

These spaces present a host of decorating challenges, from low ceilings and limited natural light to never-ending battles with dampness and even flooding.

Kathryn Bechen, author of the new *Small Space Organizing* (Revell Books), first tackled basement decorating while living in a tiny basement

apartment. Years later, she preaches the same decorating techniques that helped make her underground rental into a cosy home: Decide exactly how you'll use your basement, and then either embrace its dark coziness or use colour, texture and the right furnishings to bring the illusion of bright, open space.

She and interior designers Brian Patrick Flynn, founder of *decordemon.com*, and Kyle Schuneman, an expert on decorating small spaces, offer advice on making basements beautiful.

Lighten up or embrace dark "Since there's usually a major lack of natural light in basements," Flynn says, "inject light by using muted colour and tons of white. What I often do is stick with muted greys on the walls, then use ultra-white on

ceilings to help bounce light throughout the space. But to make it more punchy, I toss in a super-saturated accent colour such as fire-engine red, grassy green or orange."

Using plenty of floor and table lamps will also help, and Bechen says the old advice about mirrors shouldn't be ignored: Strategically placing a mirror opposite even a tiny basement window will help maximize light.

Go bold

All three designers believe basements are perfect spots for bold decorating. Experiment with colours you don't normally use or indulge in theme decorating that might feel like overkill if you did it throughout your house. Basements are perfect "for having a retro moment," Schuneman says, since many of them feature vintage wood paneling and decorative touches that have been in place for decades. You're not creating a stage set, he says. But if there are vintage pieces already in your basement, why not amplify that look rather than removing it?

Change the ceiling

"Many basements have drop-down ceilings, which are def-

initely practical since it makes for easy access to plumbing and electrical," Flynn says. But inexpensive drop-down tiles are often unattractive and look cheap. "I usually recommend high-end ceiling tiles with architectural detail. They're double or triple the price of basic drop ceiling tiles, but they give a much more sophisticated look. Plus, you can install them yourself."

Warm up the floor

First, choose materials that can handle moisture.

Even basements that don't normally flood can still have a buildup of moisture. Schuneman recommends laminate flooring or vinyl floor tiles for durability and for style: Thanks to improved technology, he says, "there's some really rad stuff out there."

Bechen recommends cork flooring, which is durable, warm and soft underfoot. And Flynn recommends FLOR carpet tiles. "You can install them yourself," he says, "plus they can come up if the floor gets wet, then you can take them outside and dry them in the sun."

Organic elements

"Basements don't have to be



Inject light in a basement with plenty of muted greys and white colours.

THE ASSOCIATED PRESS

all concrete and plastic," Flynn says. "I like to incorporate organic elements wherever possible, such as sisal on a stairwell. The rough texture is great for traction, and it creates more

of an inviting, residential feeling upon entry to a basement."

Along with using organic materials, Bechen suggests bringing in plants.

THE ASSOCIATED PRESS

Gus's Kitchen & Bath

Eco Saver Dual Flush Toilet
SALE PRICE: **\$99**
LIST: \$295
6/3 LITER FLUSH • LINED TANK
POWERFUL FLUSH
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24" to 30" Solid Wood Vanities
STARTING AT: **\$299**
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SOLID WOOD CONSTRUCTION
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SALE PRICE: **\$245**
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1 PIECE TOILET • HIGHEST MAP TEST RATING
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SOFT-CLOSE SEAT INCLUDED
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LIST: \$1695
67" OR 61" LENGTH AVAILABLE • LUCITE
ACRYLIC FINISH • INCLUDES WASTE AND
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36"x36" Corner Shower and Base
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LIST: \$395
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McIlroy focused on fitting in with the team

Golf. 'This week, I'm not the No. 1 player in the world,' young star says ahead of Ryder Cup

Rory McIlroy has gone from being a rookie in the Ryder Cup to a marked man at Medinah.

McIlroy is the first European in nearly 20 years to go into the Ryder Cup as the No. 1 player in the world, although the star power of this 23-year-old from Northern Ireland is about more than a ranking. He's already won two majors, with a record score in the U.S. Open last year and a record margin at the PGA Championship last month.

His four wins this year are the most in the world, all against the strongest fields.

So it was no surprise when Jim Furyk referred to Boy Wonder as the "present-day Tiger Woods" and a "marked man" at this Ryder Cup. That's the role Woods played for years in these matches when he dominated golf. There was a feeling among Europeans that beating Woods was worth more than one point because of the emotional lift it gave the rest of the team.

McIlroy doesn't see it that way. "This week I'm not the No. 1 player in the world," he said Wednesday. "I'm one person in a 12-man team, and that's it. It's a team effort. There's 12 guys all striving toward the same goal. I'm just part of that."

Field of dreams

Both teams look strong with all 24 players among the top 35 in the world.

- The Americans are loaded with experience behind Tiger Woods, Jim Furyk and Phil Mickelson.
- Europe has only one Ryder Cup rookie, Nicolas Colsaerts, and has captured the cup six of the last eight times.

But even in this team competition, it's easy to get wrapped up in a single star.

There's only one way to keep score in the Ryder Cup, though it's tempting to make individuals accountable. Even when Woods was at his best, he still could only deliver a maximum of five points if he played every match. He never came close, and didn't produce a winning record until his fifth Ryder Cup.

"I don't have a number. I don't have a total," McIlroy said. "I think with the U.S. playing here at home, I think they are the favourites. It's a very strong team. So we know we have got to go out there and play very, very well to have a chance. So if I play on Friday morning, I just want to get my point and then take it from there." **THE ASSOCIATED PRESS**

Quoted



"There's something about Ryder Cup which kind of intrigues me, how you can be great mates with somebody, but boy, do you want to kill them in Ryder Cup."

Englishman Ian Poulter on the intensity of international competition



Rory McIlroy drives during the third preview day of the 39th Ryder Cup at Medinah Country Club, just outside of Chicago on Wednesday. JAMIE SQUIRE/GETTY IMAGES

Mobile sports



Cricket

Washington's Robert Griffin III is so good it hurts. The Redskins rookie quarterback has been taking a beating because he's so good at pretending that he still has the ball after he's handed it off.

MLB. Sabathia keeps Yankees in pole position

This hasn't been the smoothest of seasons for C.C. Sabathia, but he's still coming through when it counts for the New York Yankees.

Sabathia struck out 10 batters over eight innings for New York to help the Yankees stretch their AL East lead to two games over Baltimore by beating the Minnesota Twins 8-2 on Wednesday.

Robinson Cano hit a two-run double and Curtis Granderson added a two-run triple during a six-run third inning against Brian Duensing, and Sabathia took care of the rest.

The burly lefty gave up six



C.C. Sabathia throws on Wednesday in Minneapolis. GETTY IMAGES

hits, two runs and one walk.

The Orioles hosted Toronto later Wednesday.

THE ASSOCIATED PRESS

Figure skating

Former Canadian champ Phaneuf calls it a career

Two-time Canadian figure skating champion Cynthia Phaneuf is stepping away from the ice.

The 24-year-old from Sorel-Tracy, Que., announced her retirement on Wednesday, which came after a roller-coaster 2011-12 season nagged by lingering back pain and a coaching change.

Phaneuf, the Canadian champion in 2004 and 2011, was diagnosed with a stress fracture in her back over the summer.

THE CANADIAN PRESS

NFL. Reports say sides 'closing in' on referee deal

Quoted

"We want to go back to work, but it has to be the right deal for 121 guys."

NFL field judge Boris Cheek

With NFL commissioner Roger Goodell at the table, the league and the referees' union pressed toward a settlement Wednesday to end a three-month lockout that triggered a wave of frustration and anger over replacement officials.

Two days after a controversial call cost the Green Bay Packers a win, both sides were said to be nearing a deal and several reports put regular officials back at work perhaps as early as Sunday.

ESPN reported that "an agreement in principle is at hand." The New York Times said the sides "were closing in"

on a new agreement.

The NFL declined to confirm that a tentative contract was imminent.

The union wants improved salaries, retirement benefits and other logistical issues for the mostly part-time referees.

The NFL has proposed a pension freeze and a higher 401(k) match. **THE ASSOCIATED PRESS**

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION					
	W	L	Pct	GB	WC
New York	90	65	.581	N	N
Baltimore	88	67	.568	2	N
Tampa Bay	84	70	.545	5½	3
Boston	69	86	.445	21	18½
Toronto	68	86	.442	21½	19
CENTRAL DIVISION					
	W	L	Pct	GB	WC
Chicago	82	72	.532	N	5
Detroit	82	72	.532	N	5
Kansas City	70	84	.455	12	17
Minnesota	65	91	.417	18	23
Cleveland	64	91	.413	18½	23½
WEST DIVISION					
	W	L	Pct	GB	WC
Texas	91	63	.591	N	N
Oakland	87	67	.565	4	N
Los Angeles	85	69	.552	6	2
Seattle	72	82	.468	19	15

Wednesday's results

N.Y. Yankees 8 Minnesota 2

Kansas City at Detroit

Toronto at Baltimore

Tampa Bay at Boston

Oakland at Texas

Cleveland at Chicago White Sox

Seattle at L.A. Angels

Tuesday's results

Toronto 4 Baltimore 0

Cleveland 4 Chicago White Sox 3

Detroit 2 Kansas City 0

Tampa Bay 5 Boston 2

Oakland (Blackley 5-3) at Texas (M.Harrison 17-10), 2:05 p.m.

Seattle (Iwakuma 7-5) at L.A. Angels (Haren 12-11), 3:35 p.m.

N.Y. Yankees (Nova 12-7) at Toronto (Mor-row 8-7), 7:07 p.m.

Tampa Bay (Shields 15-9) at Chicago White Sox (Peavy 11-12), 8:10 p.m.

AL LEADERS

	G	AB	R	H	Pct.
Cabrera Det	153	593	106	195	.329
Trout LAA	131	527	124	171	.324
Mauer Min	140	526	79	170	.323
Jeter NYY	151	651	96	208	.320
Butler KC	153	585	67	184	.315
Beltre Tex	148	574	92	181	.315
Felder Det	154	554	80	171	.309
Murphy Tex	140	435	60	134	.308
Hunter LAA	133	506	77	155	.306
Jackson Det	130	515	98	156	.303

HOME RUNS — Hamilton, Texas, 43; Cabrera, Detroit, 42; Encarnacion, Toronto, 41; Dunn, Chicago, 41; Granderson, New York, 40; Willingham, Minnesota, 35; Beltre, Texas, 35; Jones, Baltimore, 32; Trumbo, Los Angeles, 31; Pujols, Los Angeles, 30

PITCHING — Weaver, Los Angeles, 19-4; Price, Tampa Bay, 19-5; Harrison, Texas, 17-10; Sale, Chicago, 17-5; Verlander, Detroit, 16-8; Darvish, Texas, 16-9; Scherzer, Detroit, 16-7; Hughes, New York, 16-13; Shields, Tampa Bay, 15-9; Greinke, Los Angeles, 15-5

Not including Wednesday's games

NATIONAL LEAGUE

EAST DIVISION					
	W	L	Pct	GB	WC
z-Washington	93	61	.604	N	N
z-Atlanta	89	65	.578	4	N
Philadelphia	78	76	.506	15	5½
New York	70	84	.455	23	13½
Miami	66	88	.429	27	17½
CENTRAL DIVISION					
	W	L	Pct	GB	WC
x-Cincinnati	93	61	.604	N	N
St. Louis	84	71	.542	9½	N
Milwaukee	79	75	.513	14	4½
Pittsburgh	76	78	.494	17	7½
Chicago	59	95	.383	34	24½
Houston	50	105	.323	43½	34
WEST DIVISION					
	W	L	Pct	GB	WC
x-San Francisco	89	65	.578	N	N
Los Angeles	79	75	.513	10	4½
Arizona	78	76	.506	11	5½
San Diego	74	80	.481	15	9½
Colorado	60	94	.390	29	23½

z-clinched playoff berth; x-clinched division

Wednesday's results

L.A. Dodgers at San Diego

Washington at Philadelphia

Miami at Atlanta

Milwaukee at Cincinnati

Pittsburgh at N.Y. Mets

St. Louis at Houston

Chicago Cubs at Colorado

Arizona at San Francisco

Tuesday's results

Philadelphia 6 Washington 3

Atlanta 4 Miami 3

Cincinnati 4 Milwaukee 2

Pittsburgh 10 N.Y. Mets 6

St. Louis 4 Houston 0

Colorado 10 Chicago Cubs 5 (7 innings)

San Diego 2 L.A. Dodgers 1

Arizona 7 San Francisco 2

Thursday's games

All Times Eastern

Milwaukee (W.Peralta 2-1) at Cincinnati (Latos 13-4), 12:35 p.m.

Pittsburgh (Correia 11-10) at N.Y. Mets (Dickey 19-6), 1:10 p.m.

Chicago Cubs (Volstad 3-10) at Colorado (Chacin 2-5), 3:10 p.m.

Arizona (Corbin 6-7) at San Francisco (Zito 13-8), 3:45 p.m.

Washington (G.Gonzalez 20-8) at Philadel-phia (Cloyd 2-1), 7:05 p.m.

NL LEADERS

	G	AB	R	H	Pct.
Cabrera SF	113	459	84	159	.346
McCutchen Pit	149	565	106	190	.336
Posey SF	141	505	74	168	.333
Cecil	132	484	61	156	.322
Molina STL	146	567	101	180	.317
Braun Mil	113	443	74	137	.309
Craig STL	149	556	88	170	.306
Wright NYM	149	596	82	181	.304
Scutaro SF	149	595	78	181	.304
Prado Atl	148	574	86	174	.303

HOME RUNS — Braun, Milwaukee, 40; Bruce, Cincinnati, 34; Stanton, Miami, 34; Laroche, Washington, 32; Soriano, Chicago, 31; Kubel, Arizona, 30; Beltran, St. Louis, 30; Davis, New York, 30; McCutchen, Pitts-burgh, 30; Alvarez, Pittsburgh, 30

PITCHING — Gonzalez, Washington, 20-8; Cueto, Cincinnati, 19-9; Dickey, New York, 19-6; Lynn, St. Louis, 17-7; Lohse, St. Louis, 16-3; Hudson, Atlanta, 16-6.

Not including Wednesday's games

BLUE JAYS STATISTICS

BATTERS	AB	R	H	HR	RBI	AVG
Cooper	140	16	42	4	11	.300
Encarnacion	525	90	148	41	106	.282
Lawrie	465	68	126	9	44	.271
Escobar	533	56	136	9	49	.255
Hechavarria	107	8	27	2	13	.252
Davis	418	60	103	7	39	.246
Sierra	128	14	31	6	14	.242
Bautista	332	64	80	27	65	.241
Lind	296	26	71	10	40	.240
Vizquel	146	13	35	0	7	.240
Arencibia	325	42	76	17	55	.234
Johnson	494	58	111	15	53	.225
Rasmus	548	73	123	22	74	.224
Gose	142	20	31	1	8	.218
Mathis	204	24	44	8	25	.216
Gomes	92	8	18	3	12	.196
McCoy	51	10	9	1	7	.176
PITCHERS	W	L	SV	IP	SO	ERA
Oliver	3	3	2	54.2	52	1.81
Janssen	1	1	20	60.2	63	2.67
Loup	0	2	0	28.0	20	2.89
Lyon	3	2	0	57.2	61	3.28
Morrow	8	7	0	109.2	94	3.28
Fraser	1	1	0	43.0	52	3.35
Perez	2	2	0	42.0	39	3.43
Delabar	4	3	0	63.2	90	3.53
Lincoln	5	2	1	85.1	82	3.80
Villanueva	7	6	0	120.2	115	3.88
Jenkins	0	2	0	23.1	12	4.24
Laffey	4	6	0	95.2	48	4.52
Hutchison	5	3	0	58.2	49	4.60
Drabek	4	7	0	71.1	47	4.67
Happ	10	11	0	144.2	144	4.79
Alvarez	9	14	0	181.1	75	4.91
Cecil	2	4	0	58.2	48	5.37
Carreno	0	2	0	20.0	15	5.40
Romero	9	14	0	178.0	121	5.76
Beck	0	0	0	12.1	8	5.84
Carpenter	0	2	0	31.1	29	8.04
Santos	0	1	2	5.0	4	9.00
Coello	0	1	0	6.1	11	12.79

Not including Wednesday's games

FOOTBALL

CFL

WEEK 13

EAST DIVISION							
	GP	W	L	T	PF	PA	Pt
Montreal	12	8	4	0	332	337	16
Toronto	12	6	6	0	288	311	12
Hamilton	12	4	8	0	360	381	8
Winnipeg	12	3	9	0	237	377	6
WEST DIVISION							
	GP	W	L	T	PF	PA	Pt
B.C.	12	9	3	0	317	222	18
Calgary	12	7	5	0	337	287	14
Saskatchewan	12	6	6	0	314	259	12
Edmonton	12	5	7	0	264	275	10

Friday's games

All times Eastern

Montreal at Hamilton, 7 p.m.

Edmonton at Calgary, 10 p.m.

Saturday's games

Toronto at Winnipeg, 7 p.m.

B.C. at Saskatchewan, 10 p.m.

SCORING LEADERS

	TD	C	FG	S	Pts
McCallum, BC	0	31	84	6	121
Whyte, Mtl	0	35	69	6	110
Palardy, Wpg	0	17	87	5	109
Paredes, Cal	0	31	66	1	98
Waters, Tor	0	13	63	4	80
Deangelis, Sas	0	14	51	1	66
Sheets, Sas	60	0	0	0	60
Milo, Sas	0	16	33	9	58
Whitaker, Mtl	54	0	0	0	54
Cornish, Cal	48	0	0	0	48
Lewis, Cal	42	1	0	0	44
Harris, BC	42	0	0	0	42
Walker, Ham	42	0	0	0	42
Dressler, Sas	42	0	0	0	42
Prefontaine, Tor	0	5	30	2	37
Matthews, Wpg	30	1	0	0	32
Anderson, Mtl	30	0	0	0	30
Owens, Tor	30	0	0	0	30
Kackert, Tor	30	0	0	0	30
Bruce, BC	30	0	0	0	30

SOCCER

MLS

Friday's game

All Times Eastern

Chicago at Kansas City, 8:30 p.m.

CONCACAF

CHAMPIONS LEAGUE

FIRST ROUND

Wednesday's results

W Connection vs. Chivas

Marathon vs. Caledonia AIA

Alajuelense vs. Real Esteli

Tuesday's results

Aguila 0 Toronto 3

Herediano 2 Tauro 1

Monterrey 3 Municipal 0

Thursday's games

All Times Eastern

Puerto Rico Islanders vs.

Isidro Metapan, 8 p.m.

FAS vs. Olimpia, 10 p.m.

ENGLAND

LEAGUE CUP

THIRD ROUND

Wednesday's results

Arsenal 6 Coventry 1

Carlisle 0 Tottenham 3

Manchester United 2 Newcastle 1

Norwich 1 Doncaster 0

Queens Park Rangers 2 Reading 3

West Bromwich Albion 1 Liverpool 2

SCOTLAND

LEAGUE CUP

THIRD ROUND

Wednesday's results

Rangers 2 Motherwell 0

Dunfermline 0 Aberdeen 1

ITALY

SERIE A

Wednesday's results

Pescara 1 Palermo 0

AC Milan 2 Cagliari 0

 Catania 2 Atalanta 1 | Chievo 0 Inter Milan 2 | Genoa 1 Parma 1 | Napoli 3 Lazio 0 | Roma 1 Sampdoria 1 | Torino 0 Udinese 0 |

GERMANY

BUNDESLIGA

Wednesday's results

Borussia Moenchengladbach 2 Hamburger SV 2

Stuttgart 0 Hoffenheim 3

Hannover 4 Nuremberg 1

Freiburg 1 Werder Bremen 2

Augsburg 1 Bayer Leverkusen 3

SPAIN

PRIMERA

Wednesday's result

Real Betis 2 Atletico Madrid 4

ATP — THAILAND OPEN

At Bangkok

Singles — First Round

Ivo Karlovic, Croatia, def. Marinko Matos-evic, Australia, 6-3, 6-4.

Go Soeda, Japan, def. Danai Udomchoke, Thailand, 6-4, 7-5.

Gael Monfils, France, def. Kevin Anderson, South Africa, 6-4, 2-6, 7-5.

Second Round

Janko Tipsarevic (1), Serbia, def. Hiroki Moriya, Japan, 6-4, 6-4.

Jarkko Nieminen (7), Finland, def. Philipp Petzschner, Germany, 7-6 (1), 6-2.

MALAYSIAN OPEN

At Kuala Lumpur, Malaysia

Singles — First Round

Feliciano Lopez (5), Spain, def. Lukas Lacko, Slovakia, 6-3, 7-6 (3).

Denis Istomin, Uzbekistan, def. Pablo Andujar (6), Spain, 6-3, 6-2.

Alex Bogomolov, Jr., Russia, def. Dominic Inglot, Britain, 7-5, 6-3.

Alejandro Falla, Colombia, def. Rajeev Ram, U.S., 7-6 (4), 4-2, retired.

Nikolay Davydenko, Russia, def. Sanam Singh, India, 7-5, 6-4.

Second Round

Julien Benneteau (7), France, def. Mat-thew Ebden, Australia, 7-5, 6-2.

Vasek Pospisil, Vancouver, def. Michael Yani, U.S., 6-3, 7-5.

WTA — PAN PACIFIC OPEN

At Tokyo

Singles — Third Round

Victoria Azarenka (1), Belarus, def. Roberta Vinci (14), Italy, 6-4, 6-2.

Maria Sharapova (2), Russia, def. Lucie Safarova, Czech Rep., 6-2, 7-6 (5).

Agnieszka Radwanska (3), Poland, def. Jamie Hampton, U.S., 6-4, 6-3.

Angelique Kerber (5), Germany, def. Urszula Radwanska, Poland, 6-1, 6-1.

Sara Errani (6), Italy, def. Marion Bartoli (9), France, 3-6, 6-2, 6-2.

Caroline Wozniacki (10), Denmark, def. Li Na (7), China, 4-6, 6-3, 6-4.

Sam Stosur (8), Australia, def. Dominika Cibulkova (12), Slovakia, 6-4, 7-5.

Nadia Petrova (17), Russia, def. Petra Martic, Croatia, 7-6 (2), 6-7 (1), 6-4.

AUTO RACING

NASCAR SPRINT CUP

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By Keith Glantz,Russell Culver

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Kyle Busch

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Dale Earnhardt Jr.

Carl Edwards

Denny Hamlin

Kasey Kahne

Brad Keselowski

Tony Stewart

Clint Bowyer

Kevin Harvick

Martin Truex Jr.

Mark Martin

Ryan Newman

Joey Logano

Jamie McMurray

Paul Menard

Marcos Ambrose

Sam Hornish Jr.

Jeff Burton

Kurt Busch

Juan Pablo Montoya

Field (All Others)

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ODDS

7-2

9-1

9-1

10-1

10-1

12-1

12-1

12-1

12-1

12-1

15-1

15-1

20-1

25-1

40-1

65-1

65-1

80-1

80-1

100-1

100-1

100-1

500-1

Horoscopes

♈ Aries

March 21 - April 20

You will find yourself caught up in a conflict of some kind and you'll have no choice but to take sides. But which side to support? The one that is least likely to desert you in your own moment of need.

♉ Taurus

April 21 - May 21

Apply common sense to whatever situation you find yourself in today. Also, make sure you keep your tongue firmly behind your teeth, whatever the provocation may be. This is not a good time to be honest!

♊ Gemini

May 22 - June 21

It may be tempting to hit back at those who are giving you a hard time, but the more bad things you say now, the more work will have to be done later to patch things up. Let go of vengeful thoughts.

♋ Cancer

June 22 - July 23

Cancer is a cardinal sign, which among other things means you are ready to fight for what you believe — and you may have to today. Don't let anyone take from you what you don't want to give — not now, not ever.

♌ Leo

July 24 - Aug. 23

No matter how strong you think your arguments may be, you cannot force others to do things they don't want to do and the sooner you accept that fact, the easier your life will be — and theirs too.

♍ Virgo

Aug. 24 - Sept. 23

If you know what is good for you, any chores and tasks that need doing will be left for the weekend. Today, your priority is to patch up a friendship or relationship that has been heading downhill.

♏ Libra

Sept. 24 - Oct. 23

Today's cosmic picture urges you to find a creative way to bleed off the anger and frustration that has been building up inside. Getting your feelings down on paper is an especially good idea — but don't publish them!

♐ Scorpio

Oct. 24 - Nov. 22

You are entitled to express your viewpoint forcefully but you are not entitled to stop others from expressing their opinions. Free speech is a right worth fighting for — for everyone, not just yourself.

♑ Sagittarius

Nov. 23 - Dec. 21

It may be the case that you have grown so comfortable doing something one way that you have failed to notice there are better ways to reach your goal. Move with the times. Not everything modern is bad.

♒ Capricorn

Dec. 22 - Jan. 20

Being a Capricorn, you enjoy it when the odds are against you, as it gives you a chance to prove how dynamic you are. While others are complaining that life is too tough, you'll just be getting on with it.

♒ Aquarius

Jan. 21 - Feb. 19

If you apply yourself to the problem at hand, it won't be a problem for long. There is a determination about Aquarius that helps you tackle issues that others too easily give up on. Show that resolve now.

♓ Pisces

Feb. 20 - March 20

Take no notice of those who say you are being irresponsible. They are merely jealous. Today's planetary set-up means it is better to be a bit reckless than take no risks at all. Do what feels right — and do it now. SALLY BROMPTON

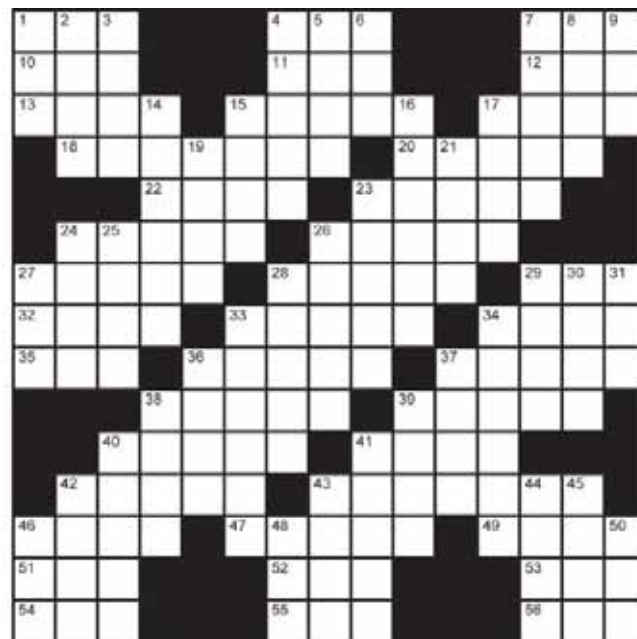
Olio Is a Mixture; the Other One's Here

Across

1. Our star
4. Official Parliament opposition: initialism
7. "Finger-lickin' good" restaurant: initialism
10. Sean Lennon's mother Yoko
11. Consume
12. Society page adjective that means "born" in French
13. Prevaricator
15. Halifax-born singer McLachlan
17. Remove outside layer, as from an apple
18. IMAX
20. Checks out suggestively
22. Grandson of Adam who reputedly lived to 905
23. Eightsome
24. Race, as an engine (2 wds.)
26. Territory whose capital is Whitehorse
27. Canadian military trainee
28. Distinct musical sounds
29. Apply gingerly, with "on"
32. Great poker start
33. Impertinent
34. Dorothy's dog
35. Iniquity site
36. Chile con
37. Cheech's Edmonton-born partner
38. "How are you?"
39. Oldsmobile model discontinued in 2004
40. "Mr. Tambourine Man" and "Mr. Spaceman"

Down

1. Our sun
2. Litre, metre, or tonne
3. Biblical ark builder
4. Approaches
5. "Bet you can't," e.g.
6. School fund-raising grp.
7. Committed a hockey infraction
8. Bank assessments
9. Cartoon collectible
14. Beirut-born Canadian star of *The Matrix* series Keanu
15. "Halt!"
16. What many consider Canada's national game
17. Architect's design
19. "What are you, some kind of?" (2 wds.)
21. Bygone Pontiac muscle cars



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23. 28.35 grams
24. 100-metre dash, e.g.
25. Where Adam and Eve started
26. Toronto-born Neil called "The Godfather of Grunge"
27. Bouncer
28. England's Lake District lakes
29. Exit or entrance
30. ___ time: never (2 wds.)
31. Marsh
33. "Because I ___!": parent's response to "Why do I have to?" (2 wds.)
34. Canada's best known retailer, familiarly (2 wds.)
36. Apple eater's throw-away
37. Tribe
38. Not the original color
39. Hertz Rent-_-
40. Promotes oneself online
41. A bloodhound follows one
42. Took off
43. Margarine
44. Finished
45. Sailor's hail
46. *This Hour Has 22 Minutes* network
48. PC maker
50. Bauxite or hematite

Yesterday's Crossword



What's online

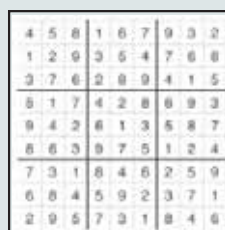
See today's answers at metronews.ca/answers.

Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



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The Crossover Energy Efficient

STARTING AT:

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TOTAL SALE PRICE:
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GS model shown

Purchase from
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GT model shown

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lease

¹/695 down

2012 Mazda3 SPORT GX



GT model shown

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lease

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